

5 Weekends of Anthroposophy Online Course 2024

Program and Schedule



Goetheanum
Studium

Course overview

In this course, students will have access to video lectures, engage in art and eurythmy exercises, and participate in in-depth discussion groups led by the Goetheanum faculty.

The program is divided into **live meetings**, in which students meet at a designated time, and **recorded video lectures** that participants can watch at their own pace.



Weekend 1

12 - 14 January 2024

Weekend 2

19 - 21 January 2024

Weekend 3

26 - 28 January 2024

Weekend 4

2 - 4 February 2024

Weekend 5

9 - 11 February 2024



English is the primary language. The Text-Based Study can be held in subgroups in German, English, and Portuguese/ Spanish



Online

Live & Video lectures



CHF150 - CHF 600

Reduced fees are available in cases of limited resources and high currency difference (see the registration form for details)

Registration and more information:
studium.goetheanum.ch

Course components



Check the schedule
on the last page

Text-based study

((•)) Live meetings

The study of texts is the central component of this online course. These sessions may be divided into language subgroups in German, English and Portuguese/Spanish, depending on the number of participants. The rest of the course is held in English.

Weekly Seminars & Sunday Colloquium

▶ Recorded lectures ((•)) Live meetings

The recorded video seminars are available only in English and must be watched anytime before the Sunday Colloquium (live meeting), when participants will have the chance to discuss the topics with the lecturers of each week.

Painting and Drawing

▶ Recorded lectures ((•)) Live meetings

The recorded art lectures must be watched anytime during the week before the live meetings with the teacher.

Eurythmy

▶ Recorded lectures ((•)) Live meetings

The recorded eurythmy lectures must be watched anytime during the week before the live meetings with the teacher.

Student-led session

((•)) Live meeting

A moment for the participants to plan together a closure for the final session. This could be making a collaborative presentation of what you have learned, sharing personal insights, showing a virtual art exhibition, or any other form. You and your peers will determine how to celebrate the end of this learning experience.

Contents

Text-based study ((•)) 10 live meetings

Text: *The Threshold of the Spiritual World* (GA 17), Rudolf Steiner.
Chapters 1 and 7

Weekly Seminars (▶) 25 videos of aprox. 20 min.

- **Week 1** (5 video seminars of aprox. 20 min.):
Extremes of the Digital Age: The human being as part of technology, technology as part of the human being, with Robin Schmidt
- **Week 2** (5 video seminars of aprox. 20 min.):
Consciousness in the 21st century, with Bodo von Plato
- **Week 3** (5 video seminars of aprox. 20 min.):
An Introduction to the Political Theory of the Three-Fold Social Order, with Nathaniel Williams
- **Week 4** (5 video seminars of aprox. 20 min.):
What Goethe's and Newton's Approaches to Science can teach us today, with Matthias Rang (5 videos of aprox. 20 min.)
- **Week 5** (5 video seminars of aprox. 20 min.):
Exploring Elliptical Thinking in Philosophy, Geometry, and Social Life, with Constanza Kaliks

Sunday Colloquium ((•)) 5 live meetings

Each Sunday, a live meeting with one of the Weekly Seminars speakers.

Painting and Drawing (▶) ((•))

16 video lectures of aprox. 15 min. + 4 live meetings

The art sessions cover a wide range of topics, such as the ceiling painting in the Main Hall of the Goetheanum, the colored windows, the use of colors, Goethe's research, and Rudolf Steiner's suggestions for painting, along with drawing exercises.

Eurythmy (▶) ((•))

16 video lectures of aprox. 15 min. + 4 live meetings

Video lectures and live sessions on exercises to guide participants in discovering inner balance through Eurythmy.

5 Weekends of Anthroposophy - Schedule 2024

MON	TUE	WED	THU	FRI	SAT	SUN
1 January	2	3	4	5	6	7
				▶ The course's platform will open to access the recorded video lectures		
8	9	10	11	12 (🕒) 12:00 -13:15 CET Virtual Tour Goetheaum 13:45 - 15:00 CET Text-based study	13 (🕒) 12:00 -13:15 CET Eurythmy 13:45 - 15:00 CET Text-based study	14 (🕒) 13:45 - 15:00 CET Sunday Colloquium with Robin Schmidt
▶ Participants should watch the recorded video lectures for Week 1 before the weekend						
15	16	17	18	19 (🕒) 12:00 -13:15 CET Painting and Drawing 13:45 - 15:00 CET Text-based study	20 (🕒) 12:00 -13:15 CET Eurythmy 13:45 - 15:00 CET Text-based study	21 (🕒) 13:45 - 15:00 CET Sunday Colloquium with Bodo von Plato
▶ Participants should watch the recorded video lectures for Week 2 before the weekend						
22	23	24	25	26 (🕒) 12:00 -13:15 CET Painting and Drawing 13:45 - 15:00 CET Text-based study	27 (🕒) 12:00 -13:15 CET Student-led session 13:45 - 15:00 CET Text-based study	28 (🕒) 13:45 - 15:00 CET Sunday Colloquium with Nathaniel Williams
▶ Participants should watch the recorded video lectures for Week 3 before the weekend						
29	30	31	1 February	2 (🕒) 12:00 -13:15 CET Painting and Drawing 13:45 - 15:00 CET Text-based study	3 (🕒) 12:00 -13:15 CET Eurythmy 13:45 - 15:00 CET Text-based study	4 (🕒) 13:45 - 15:00 CET Sunday Colloquium with Matthias Rang
▶ Participants should watch the recorded video lectures for Week 4 before the weekend						
5	6	7	8	9 (🕒) 12:00 -13:15 CET Painting and Drawing 13:45 - 15:00 CET Text-based study	10 (🕒) 12:00 -13:15 CET Eurythmy 13:45 - 15:00 CET Text-based study	11 (🕒) 12:00 - 13:15 CET Sunday Colloquium with Constanza Kaliks 13:45 - 15:00 CET Closure with all teachers
▶ Participants should watch the recorded video lectures for Week 5 before the weekend						

The program is divided into live meetings, in which students meet at a designated time, and recorded video lectures that participants can watch at their own pace.

🕒 Live Meetings

The live sessions are held via Zoom and are scheduled between **12:00 - 15:00 (Central European Time - CET)** from Friday to Sunday. These meetings will not be recorded.

▶ Recorded Lectures

The recorded lectures consist of video seminars **in English** by members of the Goetheanum faculty. Participants can watch them at any time within the duration of the course.



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