

SERBIAN ANTHROPOSOPHIC MEDICAL AND BIODYNAMIC ASSOCIATIONS



WELEDA

Program 2026

Welcome to the Matica Youth Camp!

The Serbian Anthroposophical Medical and Biodynamic Associations with Matica Foundation, supported by Iona Stichting (N) and Weleda (D), are organising the Matica Youth Camp from 02.08. - 09.08. 2026 on the Matica farm, Vršac, Serbia.

This is the third time that Youth Camp is taking place in Serbia with participants from different countries in Europe.

Young people age 18 - 28 have possibility to know different anthroposophic fields of practice such as, medicine, agriculture, education and social initiative. This program should also give and help young people to get information toward possible professional orientation in their lives.

The leading theme of this year is observation of the first 1000 days of human being on the earth - from the moment of conception. We look from the medical perspective, embryology, pediatrics, etc. then from educational point of view necessity for proper development of four lower senses - senses of Touch, Life, Self-Movement, and Balance. They serve as the foundation for physical orientation and inner well-being .

- Touch: Perceives boundaries (where "I" end and the world begins) through contact .
- Life (Well-being): Interprets internal body signals like hunger, fatigue, and health .
- Self movement Provides awareness of limb position and movement without looking .
- Balance (Equilibrium): Governs orientation to gravity, up/down, and equilibrium .

Then we shall cover karmic overview - why are we here, why we chose parents as they are, our place in the world...

and then overall question of what is my contribution to the world today, to the community/society where we live and what do we get in return? Does it fulfill our needs and expectations? We are addressing all these questions through the light of Agriculture conference held by Rudolf Steiner at Koberwitz in 1924.

Concept and Working Modus of the Matica Youth Camp:

- Becoming familiar with basic anthroposophic concepts and its practical application in life.
- A practical introduction to diagnostics and therapy with anthroposophie medicaments, education, artistic activities, eurythmy therapy and other modalities.
- Recognizing own place in life and responsibilities that it carries with.

MATICA YOUTH SUMMER CAMP

EMERGING FUTURE

02. – 09. august 2026

| Sunday 02.08. | Monday 03.08. | Tuesday 04.08. | Wednesday 05.08. | Thursday 06.08. | Friday 07.08. | Saturday 08.08. | Sunday 09..08. |
|---|---|----------------|------------------|-----------------|---------------|-----------------|------------------------------------|
| | BREAKFAST 6.45 | | | | | | |
| | 8:45 – 9:15 Moving into the morning Eckart Grundmann | | | | | | |
| | 9:15 – 10:30 Development of four lower senses - Peter Guttenhøfer | | | | | | 8.00 - 10.00 Review of the week |
| | 10.30 - 10.45 Break 10:45 - 12:00 The embodiment of human being from before conception to adulthood Anna Chiara Comezzi | | | | | | leading thought for next camp |
| | - 12.00 - 13.00 Zoltan Budai - Music Therapy | | | | | | Closure of the camp |
| | MIDDAY BREAK /LUNCH | | | | | | |
| | 15:00– 16.00 Hermann Pohlmann - Social sculpture | | | | | | |
| | 16:00 – 16:15 Break | | | | | | |
| | 16:15 – 17.15 Agriculture - foundation of future communities Marcel Waldhausen | | | | | | |
| 18:00 – 20:00 Welcome, introduction of participants and teachers | 17:15 - 17.30 - Break 17.30 - 18.30 Do it Yourself - emergency medicine - Demi Alena 18.30 - 19.30 Karma and Karmic relationship - Marion Debus | | | | | | |
| | DINNER - review of the day | | | | | | |
| | | | | | | | |

The next Matica Youth Summer Camp will take place from August 02nd to 09th. with the following lecturers:



Dr. Marion Debus, Section Head, Goetheanum Medical Section, Switzerland.



Dr. Anna Chiara Comezzi, pediatrician, Therapeutikum Krefeld, Germany



Dr. Demi Alena, Ita Wegman Clinic, Switzerland



Dr. Peter Guttenhöfer, Waldorf teacher and founder of Handlungspädagogik movement, Germany



Hermann Pohlmann, an artist, founder of CSA movement in Brasil, founder of TEIKEI CSA project in Mexico



Zoltan Budai, Music therapist, Arlesheimklinik, Switzerland



Eckart Grundmann, researcher at The Artenova Institute -movement gestures of eutythmy and their effects



Marcel Waldhausen, Demeter consultant, Germany

BOOKING FORM

Matica Youth Summer Camp (August 02nd –09th, 2026)

Name, first name:

Street, No:

Zip code/town:

Country:

Telephone:

Email:

Profession:

The fee for the whole summer camp (accommodation, meals & course lectures) is 400 euro. This includes warm drinks during breaks:

- I would like a double room (additional cost of 15 euro per night and person)
 I would like a dormitory accommodation (up to 6 persons)
 I am a vegetarian

My date of arrival is Friday, July 31st, 2026 (add 30 euro per night)
 Saturday, August 01st, 2026
 Sunday, August 02nd, 2026

My date of departure is Sunday, August 09th, 2026
 Monday, August 10th, 2026 (add. 30 euro for one night more)

Please send this registration sheet together with CV and short letter that would show why you would like to participate and what you expect from this Course - latest by Sat., June 1st, 2025 to:

**Matica Foundation, Jase Tomica 3, 26300 Vršac, Serbia
Phone + 47 92 03 20 62, Email info@matica.org.rs**

For participants who need financial assistance for fees, please write this in the letter.

After we have processed your application, you will receive a confirmation letter with the fee you will have to pay and as well as our bank connection. Please be aware: If you cancel your registration after June 1st 2025 you will lose 50% of the fee.

BANK DETAILS FROM ABROAD

Matica Foundation, Jase Tomica 3, 26300 Vršac, Serbia, CORRESPONDENT BANK: SWIFT RZBAATWW RAIFFEISEN BANK INTERNATIONAL AGAUSTRIA, Alta Banka AD Beograd
IBAN: RS35190007090000007150, SWIFT: JMBNRSBG, With mention: Matica Youth Camp

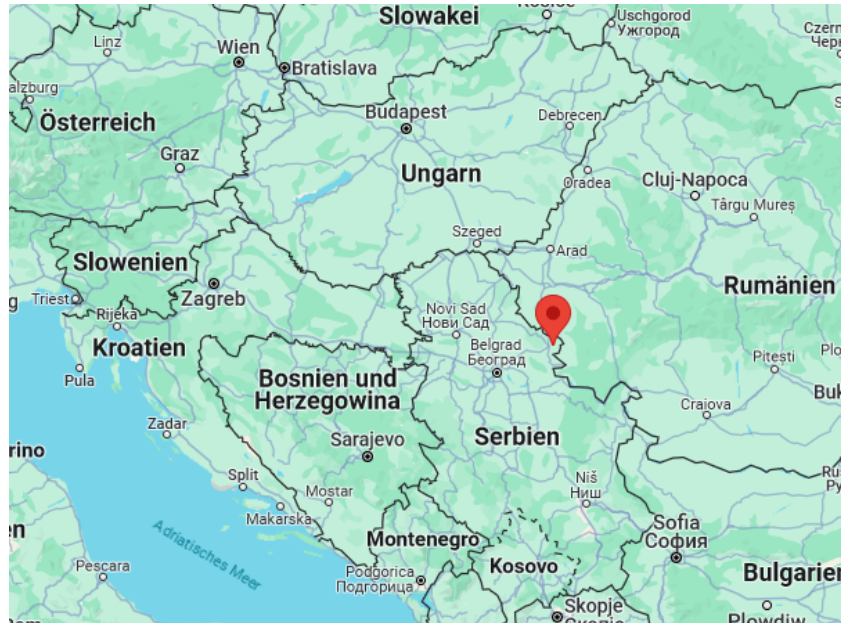
LOCAL BANK DETAILS:

Fondacija Matica, Jase Tomica 3, 26300 Vršac, br. računa: 190007090000007150,
svrha uplate: Matica Youth Camp

HOW TO COME TO MATICA FARM?

We are nearby Vršac - https://maps.app.goo.gl/Bc1wdW6NGCX7trRn9?g_st=ig

Vršac is located between two airports: Belgrade (84 km), Serbia and Timisoara (64 km), Romania. From Belgrade all major airlines are operating and from Timisoara also Wizzair is available. For any additional information please feel free to contact us!



SOME GENERAL INFORMATION IN ADVANCE

If I want to go to Serbia, what do I have to consider? Do I need a visa? Where can I get this? How long does this apply? Etc. Serbia is not part of the European Union. You cannot therefore claim the right to freedom of movement: you might need a visa:

Serbian consular missions:

<https://www.mfa.gov.rs/en/diplomatic-missions/serbian-diplomatic-missions/consulates>

CONTACT TO MATICA FOUNDATION

Adress: Jase Tomica 3, 26300 Vršac, Serbia

Email: info@matica.org.rs
zoran.petrov@matica.org.rs

Telephone, WhatsApp, Viber, Telegram:
+47 92 03 20 62
+381 65 24 99 896

Telegram: <https://t.me/+vp46trltayY0ZjJk>

Homepage: www.matica.org.rs