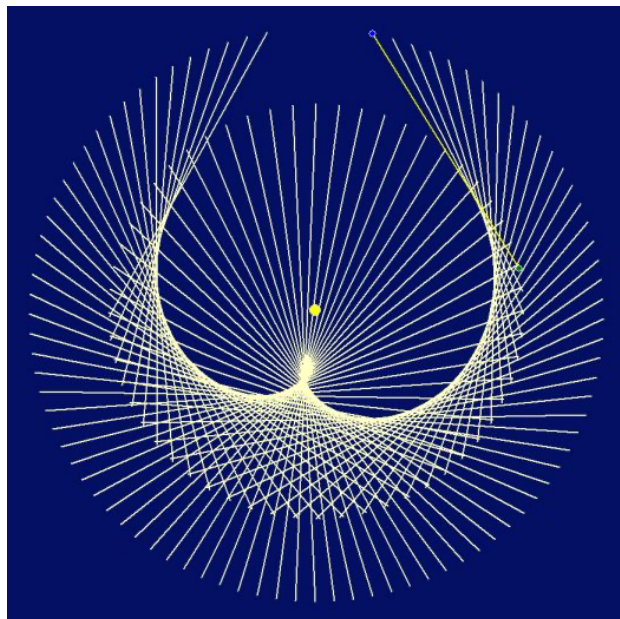


**Online-Webinar 2026**  
**Painting & Sculpture**

# ***„Harmonies of the Heart“***

***Courage for the ego-self***

**May 16, 2026**



*Venus-Earth spatial lines 348 days © Keplerstern Publishing*

**Conference Language is English and Spanish**

From and for Anthroposophic Arts Therapies  
in the field of painting and sculpture.

Dear art therapy colleagues in the fields of painting and sculpting,

After our successful first online symposium on painting and sculpting in May 2025 and your positive feedback, we would like to invite you again to a new online symposium this year.

It will take place on **May 16, 2026, from 3:00 p.m. to approximately 9:30 p.m. CET**. The conference languages are English and Spanish!

The title of the online conference is: "Harmonies of the Heart – Courage to Be Yourself" – analogous to the January conference in Dornach. The conference dealt with the 42-63 age group and focused on cardiology, oncology, and burnout diagnoses.

The following items which will be our guideline and focus, are now on the agenda for the online symposium:

- Welcome by Laura Piffaretti at the January conference
- Retrospective contribution to the conference topic by Marion Debus
- Short interview with two Latin American participants
- Case study Painting by Katrin Sauerland
- Recording of the working group on the Platonic solids by Slavojka Djurdjevic at the January conference
- Independent work time (offline) on the working group video and impulse for painting/drawing
- Exchange on independent work time in breakout rooms & plenary session
- Recording of the closing contribution from the January conference

Questions that may arise during the following septennium of life (ages 42-63) include: What does it need to find the courage to continue on the path you have chosen for yourself, despite the dissonance in your own biography? And how do you stay connected to your deepest essence, which is at home in the spiritual world? Where do I stand, why am I here, what else do I want to bring into the world?

When people succeed in feeling their own spiritual light again, they can experience inner peace and guidance. Is harmony a state of being that we can allow to resonate as the keynote of our own existence, or is it a welcome guest that comes and goes like the tides of the soul? Are we able to descend deeper into our keynote layer by layer under our own steam?

And then: how can we support our clients in finding a new support so that, through gentle heart power and devotion to themselves, they can rediscover their inner guidance and spiritual alignment and strengthen themselves anew?

Make sure you have clay and the necessary tools, watercolors, pastels, pencils, and the appropriate paper and accessories ready.

We look forward to your participation!

Warm regards from the preparation team,

*Heliana Cardona, Gabriela Osman, Linda Teipen for the ICAAT Department of Painting & Sculpture*

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## Programme

The languages available for the conference are English and Spanish. A German translation will not be provided. The online webinar will be held live in ZOOM and will not be recorded.

Daytimes around the globe in colour: **Central Europe** / **Colombia** / **Argentina**

15.00 / 08.00 / 10.00	<b>Welcome</b> Introduction to the theme and brief introduction ICAAT
15.05 / 08.05 / 10.05	<b>Welcome by Laura Piffaretti</b> Recording from the conference in January 2026
15.30 / 08.30 / 10.30	<b>Retrospective Contribution to the conference topic</b> Marion Debus
16.00 / 09.00 / 11.00	<b>Break</b>
16.20 / 09.20 / 11.20	<b>Interview with two Latin American participants</b>
16.50 / 09.50 / 11.50	<b>Case study Painting</b> Katrin Sauerland
17.20 / 10.20 / 12.20	<b>Break</b>
17.40 / 10.40 / 12.40	<b>Working group on the platonic solids</b> Slavojka Djurdjevic, Recording from the conference in January 2026
18.30 / 11.30 / 13.30	<b>Individual Work time (offline) and Break</b>
20.10 / 13.10 / 15.10	<b>Exchange about work time in Break-Out-Rooms</b>
20.35 / 13.35 / 15.35	<b>Plenary session</b>
20.55 / 13.55 / 15.55	<b>Closing contribution from the January conference</b> Anna-Barbara Hess and Sophia Götz
21.45 / 14.45 / 16.45	<b>Conclusion and farewell</b>

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## Preparation

Make sure you have clay and the necessary tools, watercolors, pastels, pencils, and the appropriate paper and accessories ready for independent work time.

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## Registration and Prices

You can register online. After registering, you will receive a link from the Medical Section to pay the conference fee before the event. We will send you the ZOOM link to participate one day before the start of the online webinar.

### ***LINK to registration***

Regular price	CHF 40
*Reduced price	CHF 20

\*The reduced price is aimed at participants from low-income countries. When booking, please bear in mind that CHF 20 does not cover the costs per participant for the event.