



Medical Section at
the Goetheanum

Teach The Teachers

***Freedom and Destiny:
Exploring them through Clinical Cases and
Biographical Questions***

September 5-8, 2025

Medical Section at the Goetheanum
Dornach, Switzerland

Dornach, in May 2025

The *Teach the Teachers* conference offers a space to meet and exchange about how to creatively teach today's new learners. This year's meeting continues a three-year focus on essential spiritual topics. All colleagues who teach about anthroposophic therapies, nursing and medicine, in big or little ways, are invited to participate. You are warmly invited, whether you are an experienced trainer or have just started teaching.

What happens at a TTT conference? The meeting focuses on lively exchange with each other and on learning new perspectives. A major emphasis is on small group work and other activities that help engage adult learners.

Over the past two years we explored ways to teach about reincarnation, then karma. This year we will look at questions of Freedom and Destiny. We have learned that researching these topics, is not only a support for our teaching but also a support for our own personal development and our sense of community.

What will happen this year? We will share preparatory readings on freedom, destiny and biography ahead of the conference. You can join us to read them in a group (on Friday evening, the 5. September) or you can study them on your own. Then, when we all come together for our three-day meeting (starting on Saturday, the 6. September) we will go quickly into group work and exchange. We will explore **Dynamic Judgment Formation** as a learning and therapeutic tool, hear about how Steiner approached Freedom and Destiny, and practice teaching through clinical cases and biographical questions.

For the preparation group,
Judit Kedves and Adam Blanning

Friday, September 5

OPTIONAL:

19.15 **Welcome**

19.30 **Readings from Steiner on Destiny and Freedom** (materials will be send out ahead of the conference)

Adam Blanning, Judit Kedves, preparation group

20.30 *End*

Saturday, September 6

14.00 **Start of the Conference** – Introduction and welcome

15.15 *Break*

15.45 **Presentation 1: Dynamic Judgment Formation – a Methodical Introduction and Teaching Samples**

Esther Vis, Judit Kedves, Adam Blanning

16.30 **Small Group Work – Session 1:
Dynamic Judgment Formation as a Teaching Tool, Exploring a Biographical Case**

17.30 **Dialogue Walk**

18.00 *Evening Break (optional dinner can be ordered during registration)*

19.15 **Singing** - *Esther Vis*

19.30 **Presentation 2: Clinical aspects of Freedom and Responsibility, based on The Philosophy of Freedom**

Mariela Gatica Valdes, Kan-Anek Kaewthaweesab

20.30 *End*

Sunday, September 7

08.30 **Movement** (Eurythmy and Spacial Dynamics)

09.00 **Come-together**, Transition into workshops

09.15 **Workshop A** (Spanish) **and Workshop B** (English)

10.30 *Break*

11.15 **Workshop A** (English) **and Workshop B** (with Spanish Translation)

12.30 *Lunch in the Speisehaus (included in the ticket price)*

14.00 **Presentation 3: Deepening Aspects about Freedom in Rudolf Steiners work**
Christina van Tellingen

15.15 *Break*

15.45 **Juggling**

16:05 **Small Group Work - Session 2:**
Dynamic Judgment Formation as a Teaching Tool, Exploring a Biographical Case

17.30 **Dialogue Walk**

18.00 *Evening break (shared picknick-dinner together)*

19.15 **Singing** - *Esther Vis*

19.30 **Social Evening: Juggling, Sharing poems, songs, inspirations**

20.30 *End*

Monday, September 8

08.30 **Movement** (Eurythmy and Spacial Dynamics)

09.00 **Come-together**, Transition into Small Group Work

09.15 **Small Group Work–Session 3: Peer teaching of Short Biographical Case Presentations**

10.30 *Break*

11.15 **Feedback and Closing Sharing**

12.30 Adjourn

Workshop A:

Exploring Aspects of Your Own Biography, based on Dynamic Judgement Formation

(Mariela Gatica Valdes, Henry Beattie, Tiffany Russey)

Workshop B:

Reflections on Processes of Groups and Organisations, based on Dynamic Judgement Formation

(Adam Blanning, Esther Vis, Sonja van Hees)

Preparation Team

Henry Beattie, physician, Paracelsus Krankenhaus Unterlengenhardt, Germany

Iracema Benevides, physician, Training Coordinator Association of Anthroposophic Medicine, Brazil

Adam Blanning, physician, co-Leader of the Medical Section, co-director Physicians' Training, U.S.

Mariela Gatica Valdes, physician, Coordinator of the Anthroposophic Medicine Course at Los Girasoles, Argentina

Sonja van Hees, nurse and nurse scientist, International Anthroposophic Nursing Forum, The Netherlands

Wen-Ting Hsu, orthodontist and school doctor, Anthroposophic Medicine & Health Care Platform, Taiwan

Sonny Jung, physician, Integrated Curriculum for Anthroposophic Medicine, Witten/Herdecke University, Germany

Kan-anek Kaewthaweesab, physician, Secretary of Anthroposophic Medicine Association and Coordinator of Anthroposophic Medicine Course, Thailand

Judit Kedves, physician, Arlesheim Academy Board, International Coordinator of Medical Training Anthroposophic Medicine, Switzerland

Tiffany Russey, therapeutic eurythmist, Association for Therapeutic Eurythmy in North America, faculty Therapeutic Eurythmy Training of North America.

Christina Spitta, physician and Spacial Dynamics trainer, International Association for Anthroposophic Body Therapies, Germany

Esther Vis, music therapist, coordinator music therapy education and lecturer researcher of University of Hogeschool Leiden, University of Applied Sciences, The Netherlands

Languages and limited places at the conference:

The main presentations will be in English, with Spanish translation. Small group work can be done in English, Spanish or German (or other languages, as well, if you bring enough colleagues with you).

The group is limited to 70 participants.

Conference fee:

To make the conference affordable for persons from all over the world, there are three price categories offered. Please consider which one you can afford.

Regular price: CHF 295

Reduced price: CHF 220

Support price: from CHF 295

(Should you be in a position to pay an additional amount, this will help to cover the costs of the conference for others and support the work of the Medical Section)

Further reductions may be available by individual request sent to Adam Blanning

adam.blanning@medsektion-goetheanum.ch

All prices Include morning and afternoon coffee breaks as well as Sunday lunch.

Online-Registration:

<https://goetheanum.ch/de/veranstaltungen/TTT2025>

Donations to support the Teach the Teacher Conference

(not to be used for remittance of the conference fee):

Allg. Anthropol. Gesell. / Med. Sektion / Raiffeisenbank Dornach

IBAN: CH53 8093 9000 0010 0605 6 / BIC: RAIFCH22

Purpose: "TTT 2025"

—or—

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