



In cooperation with  
Medical Section in Goetheanum  
School for Spiritual Science  
Dornach, Switzerland



Privātā vidusskola  
Ādazi Brīvā Valdorfa skola



LATVIJAS  
VALDORFPEDAGOGU  
ASOCIĀCIJA

**"QUO VADIS?"**

# **THE WORLDS' CHALLENGES OF TODAY'S WALDORF SCHOOLS**

**30th Eastern European conference  
Adazi Free Waldorf School, Latvia  
July 30th – August 3rd, 2025**

Contact: [easterneuropeanconferenceadazi@gmail.com/](mailto:easterneuropeanconferenceadazi@gmail.com/)  
00 371 29 412 690/ 00 371 29 148 765  
school homepage: [www.abvs.lv](http://www.abvs.lv)



## CONFERENCE DAILY SCHEDULE

### July 30th, Wednesday

- 13.00 | Registration
- 14.30 | Conference opening
- 15.00 | **Opening lecture**
- 16.30 | Dinner
- 18.00 | Introductions
- 19.30 | Meeting for lecturers

### July 31st; August 1st August 2nd Thursday, Friday, Saturday

- 08.15 | Breakfast
- 09.00 | Singing
- 09.20 | Actualities
- 09.30 | **Main Lecture**
- 11.00 | Coffee break
- 11.30 | **Theoretical workshops**
- 13.00 | Lunch
- 14.30 | **Practical workshops**
- 15.30 | Coffee break
- 16.00 | **Practical workshops**
- 17.00 | Dinner
- 18.00 | Dancing, singing, concerts
- 19.30 | Meeting for lecturers

### August 3rd Sunday

- 08.15 | Breakfast
- 09.00 | Singing
- 09.20 | Actualities
- 09.30 | **Closing lecture**
- 11.00 | Coffee break
- 11.30 | Conference review
- 13.00 | Lunch



July 30th,  
Wednesday

- 13.00 | Registration
- 14.30 | Conference opening
- 15.00 | Opening lecture : **Vita Valdmāne** (Latvia) - **“Today’s challenges of the human development”**
- 16.30 | Dinner
- 18.00 | Introductions: **“Story of my country and my school”**
- 19.30 | Meeting for lecturers



- 08.15 | Breakfast
- 09.00 | Singing: **Anita Andersone** (Latvia)
- 09.20 | Actualities
- 09.30 | Main lecture:

<b>July 31st</b>	<b>Mati Valgepea</b> (Estonia)	“Challenges in today's Waldorf Schools”
<b>August 1st</b>	<b>Ulrike Sievers</b> (Germany)	“Learning about the world, other and the self. Inviting young people to develop creativity and find their own voice.”
<b>August 2nd</b>	<b>Dr. med. Andreas Ossapofsky</b> (Germany)	“Becoming an Individual- from body cell to the mind”

- 11.30 | Theoretical workshops



<b>Mischa Pitskhelauri</b> (Georgia)	“Healing Pedagogy”
<b>Kully Volmer</b> (Estonia)	“The Art of Speech in Adolescence”
<b>Mati Valgepea</b> (Estonia)	“Work in the Teachers' Collegium”
<b>Ligita Gulbe</b> (Latvia)	“Teaching of Senses in Preschool”
<b>Andra Biseniece</b> (Latvia)	“Is It Possible to Raise a Child in the 21st Century?”
<b>David Newbatt</b> (Scotland)	“Parsifal” – An Illustrative Story”
<b>Inna Sviridova</b> (Ukraine)	“Working with Temperaments in Waldorf Schools. Bullying – Causes and Solutions. Addictions – Risks and Solutions.”
<b>Nataliya Shpilka</b> (Ukraine)	“Literature as a Psychological Work Tool for Grades 6-11”
<b>Andreas Ossapofsky</b> (Germany)	“Becoming an Individual from Ages 0-14”
<b>Ulrike Sievers</b> (Germany)	“Integration of Analog and Digital Media in the Learning Process from Grade 7. Digital Literacy from Grade 7”
<b>Natalya Yeshchenko</b> (Ukraine)	“Form Drawing”
<b>Milan Meder</b> (Germany)	“Post-Traumatic Stress Disorders”

- 13.00 | Lunch
- 14.30 | Practical workshops



<b>Stefan Panizza</b> (Switzerland)	“Eurythmy. Daily Exercises for Teachers”
<b>Claudia Conti</b> (Italy)	“Basic Circus Exercises for Class Teachers”
<b>David Newbatt</b> (Scotland)	“Waldorf School Wall Dry Brushing and Painting (Social Painting)”
<b>Natalya Yeshchenko</b> (Ukraine)	“Painting in Primary School”
<b>Kully Volmer</b> (Estonia)	“Drama "Romeo and Juliet"”
<b>Ligita Gulbe</b> (Latvia)	“Fairy Tale Puppets and Their Creation”
<b>Andra Biseniece</b> (Latvia)	“Music in Primary School”
<b>Mischa Pitskhelauri</b> (Georgia)	“Inclusion of Various Children in the Learning Process”
<b>Inna Sviridova</b> (Ukraine)	“Healing Pedagogy. Working with Temperaments in Waldorf Schools”
<b>Natalya Špiļka</b> (Ukraine)	“Literature as a Psychological Work Tool for Grades 6-11”
<b>Ulrike Sievers</b> (Germany)	“Creative Storytelling Methodology in Academic Subjects”



- 15.30 | Coffee break
- 16.00 | Practical workshop - 14.30 the continuation of the initiated work.
- 17.00 | Dinner
- 18.00 | Musical evening:

<b>July 31st</b>	<b>Folk group “Abols”</b> (Latvia)	Singing around the bonfire
<b>August 1st</b>	<b>ABVS mixed choir "Sparnos" and the school orchestra</b> (Latvia)	Concert
<b>August 2nd</b>	<b>A group from Lithuania and the Netherlands</b>	Eurythmy performance

- 19.30 | Meeting with of the lecturers



## August 3rd, Sunday

- 08.15 | Breakfast
- 09.00 | Singing: **Anita Andersone** (Latvia)
- 09.20 | Actualities
- 09.30 | Closing lecture: Dr. Hist. **Francisko Barcelo** (Finland) – **“The history of education”**
- 11.00 | Coffee break
- 11.30 | A review of the work done in the pedagogical and artistic workshops
- 13.00 | Lunch



## Lecturers

Dr. Hist. **Francisko Barcelo** (Finland)



For more than 40 years has worked as a healing educator at the »Sylvia- koti» Camphill village in Finland. He has been working as Waldorf seminar and therapeutic pedagogy leader for many years. One of the main Eastern European conference curators.

Dr. med. **Andreas Ossapofsky** (Germany)



Andreas was born in the city of Chemnitz in Germany in 1953. He grew up with his mother alone but as well he had a good relationship with his father. In youth he was strongly influenced by people from Christian Community. 1973 – 1978 studied Human Medicine in Leipzig. 1984 General medicine specialist. 1986 - Promotion Charité Berlin. In 1990 Dresden Waldorf school opened, worked as a school doctor up to now. From 1991 has a doctors office. In 1990 he founded -together with other doctors- Anthroposophical doctor union in GDR-German democratic republic. Also since 1990 took part of Eastern European Conference.



### **Kully Volmer** (Estonia)



Born in 1966 in Estonia.

Philologist by education, multitalented since 1995 when I started working at a Waldorf school.  
Now freelance, main areas of activity are speech formation and drama.

### **Andra Biseniece** (Latvia)



Pedagogical lecturer, Waldorf teacher at teh Pardaugava Waldorf school in Riga, Latvia.

Concert director and producer.

Musician, (arpha and kokle- a latvian folk instrument).

Has been working with musical therapy for 15 years.



**Inna Sviridova** (Ukraine)



Has obtained her higher education diploma in law and psychology as well as in therapeutic education. Has obtained her diplomas and certifications from:  
Dornach antroposophical psychotherapy seminar; Waldorf «secondary school» seminar in England;; 9 antroposophical medical seminars;  
2003.- 2008. worked as a part of the strategic groups for “Софія”, “Михаїл”.  
Waldorf schools in Ukraine.  
Since 2015. working as a co-organizer at the “Борисфен” Waldorf school in Ukraine.

**Stefan Panizza** (Switzerland)



Born in 1960 near Munich. Trained at the Eurythmeum Stuttgart with Else Klink. Studied eurythmy therapy with Mary Nunhofer in East Grinstead. Since 1986 eurythmic performance activity in various stage ensembles. Since 1994 work as a lecturer in eurythmy at the Academy for Eurythmic Art in Munich. Since 2002 conducting a training course in Rome. Courses, performances and seminars in the Italian-speaking area. Since 2009 he lives with his family near Munich in southern Germany and works there as eurythmist and eurythmy therapist. From 2020 to 2023 he accompanies the first training course for eurythmists in Lithuania.



### **Claudia Conti** (Italy)



Has always loved to express herself through her body and movement, started performing in her twenties without even knowing what she was exactly performing...then Claudia attended a three years professional circus school after choosing to specialize in aerial acrobatics. After a long career as a performer she started her teachers life, which took her in a new journey. Claudia fell in love with anthroposophy when her daughter was in the kindergarden, after a while She started her training as Bothmer gymnastic teacher. She is currently a teacher at a Waldorf school in Turin and a bilingual school in Monferrato.

### **Ulrike Sievers** (Germany)



Lives in the north of Germany and has been teaching English as second language and biology in secondary Waldorf education for 25 years. Her special focus lies on involving pupils in active learning processes, opening spaces for creative learning methods, enabling pupils to understand their own learning path and combining various methods in order to enables all pupils to engage in the learning journey of the class community as well as develop their own voices. Has been active in teacher education for the last 20 years. In 2016 founded the e-learning platform elewa, [www.e-learningwaldorf.de](http://www.e-learningwaldorf.de), and in 2017 published a book on English as second language, Creative teaching, sustainable learning. For the last 3 years her/ elewa have been partners in the Erasmus+ project HERMMES on holistic media education for resilience and media maturity.



**David Newbatt** (Scotland)



An artist and teacher who lives and works at a Camphill Community for young adults with special needs in Aberdeen, Scotland. David works in a wide variety of mediums, mainly using either water-colours, pastels or acrylics. His work over the years has included illustrating a variety of different themes, including Goethe's fairy tale of The Green Snake and the Beautiful Lily, Eros and Fable, the Norwegian poem of Olaf Asteson, and work on the story of Parzival. The subject matter of his paintings include a wide range of landscapes, and many works illustrating the festivals and seasons. In addition to all of this, he is a prolific mural painter.

David has spent thirty years living in a Camphill Communities throughout Great Britain, specializing in education through the visual arts and drama. He is particularly interested in painting as social and therapeutic medium, and having travelled widely, he has worked in a diverse range of settings to help the building up and strengthening of different community structures.

**Natalya Shpilka** (Ukraine)



Born in 1980.

Has obtained two higher education diplomas in philosophy and early childhood education.

Has been a part of the Waldorf education community for 23 years.

2002. 2005. - Waldorf education class teacher education.

2004.-2007. - Waldorf education teacher with for the middle school classes.

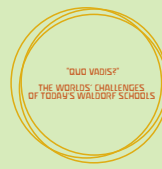
2013.-2017. – Antrophosophical psychotherapy cursus at the Jacques Molman centre.

2002.-2007. – Waldorf teacher at the “Софія”, “Михаїл” Waldorf schools in Ukraine.

In 2012. created the “Дитяча домівка” Waldorf kindergarten in Ukraine.

Since 2014. has been working as the co- organizer at the “Борисфен” Waldorf school in Ukraine.

She is teaching literature, temperaments, as well as leading theatre project at the middle school level.



**Ligita Gulbe** (Latvia)



A long-time Waldorf early childhood teacher and lecturer.  
Founder of the Pardaugava preschool in Latvia, which she has been leading for over 30 years.

**Natalya Yeshchenko** (Ukraine)



Works in the field of art. She has professional skills, education, and work experience as an architect, designer, book illustrator, art therapist, Waldorf teacher, anthroposophic psychotherapist, and biographical consultant.  
She has been leading art classes for children and adults for more than 30 years. The main idea behind her work is to support the healthy development of the child and to help adults explore art as a means of self-discovery and understanding the world.  
Since 1993, she has been practicing as an architect, artist, print designer, art teacher, and art therapist.  
She has twenty years of experience teaching art and the history of epochs at the Ukrainian Waldorf school "Софія."  
She spent seven years working in her own educational anthroposophic center "Metaform."  
She has over 25 years of experience as a guest lecturer at seminars, courses, and conferences on Waldorf pedagogy and various anthroposophic initiatives.



**Mati Valgepea** (Estonia)



Engineer of forest management working as a forest statistics specialist for Estonian Environment Agency. Used to be a parent and now grandparent. Tartu Waldorfgümnaasium, long-time affiliation to the governance of Tartu Waldorfgümnaasium (including membership in school council and college), member of the Board of the Estonian Anthroposophical Society and the Council of the Estonian Camphill Village Foundation.

**Mischa Pitskhelauri** (Georgia)



Therapeutic teacher, artist, and consultant on parenting and education.  
Author and leader of the course "Practical Anthroposophy."  
Head of a medical and pedagogical seminar.  
Specialist in the field of thinking methodology.  
Author of books.  
Associate professor in seminars on Waldorf pedagogy and anthroposophic education.  
Studied and worked at the Institute of Social Therapy (Boden Zee).  
Lecturer at a school for curative education for 3 years.  
Since 2010, a therapeutic teacher at the Waldorf School in Berlin.



**Dr. med. Milan Meder** (Germany)



Born in 1974 in Germany.  
Studied medicine.  
Was the chief physician at a large children's hospital for 11 years.  
Has been working in his own medical practice for the past three years.

**Vita Valdmane** (Latvia)



Has been working as an anthroposophic doctor in Riga for over 20 years.  
Mother of three children.



Participation Fee	Meals	Accommodation
Conference: <b>130 EUR</b>	All meals – 20 EUR (per day) (includes 2 coffee breaks)	<p>Overnight stay options in Adazi Municipality – <b><u>available here</u></b></p> <ul style="list-style-type: none"> <li>• At the school: 5 EUR (per night) Facilities and showers are available at the school.</li> <li>• Accommodation requires bringing your own sleeping gear.</li> <li>• Please bring your own towels.</li> <li>• Cooking on personal equipment is not allowed on school premises.</li> <li>• It is also possible to stay overnight in your own tent.</li> </ul>
One main lecture – 20 EUR	Breakfast – 5 EUR	
<ul style="list-style-type: none"> <li>• Additional Information:</li> <li>• The working languages of the conference are English, German, Russian, and Latvian – all lectures will be translated into Latvian.</li> <li>• Conference organizers allow participants to bring their own interpreters.</li> <li>• Only indoor shoes are allowed inside the school premises.</li> </ul>	Lunch – 9 EUR	
	Dinner - 8 EUR	



## Registration

[Register here](#)

Registration is complete once the first payment of 50 EUR has been made to the account below with the note “Ziedojums konferencei” (“Donation for the conference”).

- **Details for payment:**

*Association:* Privata Vidusskola ABVS

*Address:* Skolas iela 21, Adazi, LV-2164, Adazi Municipality

*Registration No.:* 40008007030

*Bank:* SWEDBANK

*IBAN:* LV22HABA0551012804785

