

IPMT 2025 – “7 life processes”

August 02-09, 2025 St. Petersburg / Russia

| Saturday 02.08.2025 | Sunday 03.08.2025 | Monday 04.08.2025 | Tuesday 05.08.2025 | Wednesday 06.08.2025 | Thursday 07.08.2025 | Friday 08.08.2025 | Saturday 09.08.2025 |
|--|--|----------------------|--|---|--|----------------------|---|
| 13:30 – 15:00 <i>Preparing meeting of lecturers</i> 14:30 – 17:30 Registration of participants 15:15 – 16:45 Introduction lecture for the beginners in IPMT process <i>V.Sivolobov D. Efimov</i> 16:45-17:15 Welcome buffet | 9:00 – 9:45 Seven life processes in therapeutic eurhythmmy <i>Margarita Denisova</i> Music starting of the day. <i>Viola Heckel</i> Bothmer gymnastics <i>Elena Rubtsova</i> | | | | | | |
| | 9:45 – 10:00 <i>B R E A K</i> | | | | | | |
| | 10:00 – 11:15 Seven life processes and exercises of phenomenological observation of plants, animals & human beings. <i>Albert Schmidli/Denis Koshechkin</i> | | | | | | |
| | 11:15-11:45 <i>COFFEE B R E A K</i> | | | | | | |
| | 11:45 – 13:00 "Fundamentals of the development of medical art" / Chapter 3. Interactive Learning in Small Groups: Text Study and Thinking Exercises using a book of R.Steiner/I.Wegman | | | | | | |
| | 13:00 – 14:45 <i>LUNCH B R E A K</i> | | | | | | Group photo 13:30 – 14:30 Closing, Distribution of Certificates & LUNCH <i>(after finishing ceremony)</i> |
| | 14:45 – 16:00 Therapeutic eurhythmmy to help the doctor and therapist to preserve their own vitality and health. <i>Margarita Denisova</i> Case studies from music and singing therapy: Phenomenological observation of therapeutic exercises <i>Viola Heckel</i> Seven life processes through the social exercises of clay modeling. <i>Elena Rubtsova</i> The seven life processes are living in painting. An artistic exercise in the technique of lessirovka. <i>Victoria Khitrova</i> | | | | | | |
| 17:30 – 18:45 Opening! Presentation of the Working Groups Concert | 16:00 – 16:30 <i>B R E A K</i> | | | | | | |
| | 16:30 – 18:00 Seven groups of vegetabilised metals & life processes <i>Albert Schmidli</i> | | | | | | |
| | The first seven years in a child's life in terms of seven life processes. <i>Vadim Sivolobov, Daniil Efimov</i> | | | Workshop on 7 life processes in pediatry & child education <i>Michaela Glöckler</i> | | | |
| 19:00 – 20:30 <u>Lecture:</u> <i>Albert Schmidli</i> In search of the middle... | 18:00 – 19:15 <i>EVENING B R E A K</i> | | | | | | |
| | 19:15 – 19:45 Review of the Day 19:45 – 21:00 Evening Lectures: | | | | | | |
| | <u>Lecture</u> Overcoming materialistic thinking, anthroposophic pharmacy as a modern Rosicrucian-alchemic path: “From Hermes to Paracelsus & Goethe to Rudolf Steiner” <i>Albert Schmidli</i> | | <u>Meeting with AMA:</u> 3-year education cycle for doctors on AM and IPMT. Interim results and future plans | <u>Lecture</u> On the 100-th anniversary of R. Steiner's/I.Wegman “Fundamentals of therapy” <i>Michaela Glöckler</i> | <u>Lecture</u> The seven life processes in the individual and social development of a human being. <i>Michaela Glöckler</i> | | |