

## Post-Traumatic Stress Disorders in the 20th and 21st Centuries in the Context of Global, Social and Spiritual upheavals

Conference languages  
EN/RU/UA/ES/IT/DE

The Annual Conference of the Medical Section 2026 is entirely devoted to TRAUMA. This is more than necessary at a time when humanity worldwide is exposed to traumatic experiences in one form or another. The violence of war has become an integral part of the world stage, as have the horrendous traumatic influences of dictatorships, religious warfare and power struggles within populations and countries since the beginning of the 20th century.

As a consequence of this all, and in addition, in the psychotherapeutic clinical field in the 20th century and beyond, there has been a tragic increase in various forms of child neglect and early childhood (sexual or emotional) abuse, both in real life and on social media platforms.

An irrevocable transgenerational transfer of individual and collective traumatic experiences has far-reaching consequences for individuals, family systems and entire human communities,

whose physical, psychological, and spiritual wounds have often been deprived of healing.

A new category of destabilising and often severely traumatising influences is now gaining ground and has taken its toll, namely the entry of the dark worlds of social platforms into the worlds of children, often oblivious to their educators who - unaware - allow their offspring to drift around in these algorithmic virtual worlds.

In the short episodes - namely 4 x 1.30 minutes available to the organising team of the Forum - we propose the following programme, taking into account the expertise of the speakers, who once again come from two disciplines, namely psychotherapists and doctors.

### The organizing team:

*Dr. med. Hartmut Horn, Giovanna Bettini Lic. Psychotherapist, Vasuprada Kartic Lic. Psychotherapist, Henriette Dekkers Lic. Psychotherapist*

### Session 1

#### 16 September:

Complex PTSD and its consequences in life. Therapeutic understanding of and approaches to the distortions in development and integrity of personality due to neglect and/or repeated intrusive traumatization incurred in the first seven years of life.

#### Contributors:

1. Dr. med. Hartmut Horn opening: future traumatization due to parental absence by cell phones.
2. Henriette Dekkers Lic. Psychologist on the effects upon the individuality of early childhood traumatization.
3. Susan Overhauser Lic. Psychologist on serious early traumatized persons and the therapeutic process.

### Session 2

#### 17 September:

Complex PTSD and its consequences. Therapeutic understanding of the impact of social trauma incurred in the second septennial of life. Clinical experiences with healing of traumatized children under various social conditions.

#### Contributors:

1. Dr. med. Hartmut Horn on treatment of traumatized schoolchildren in Karlsruhe.
2. Anne Daniel-Karlsen MD on traumatized children in Norway and Estonia.
3. Swapna Narendra MD on schoolchildren and social trauma.

### Session 3

#### 18 September:

Diffusion of identity and distortions of reality due to exposure to traumatic life events and/or influences through social platforms, influencers, dark websites. Lost parental guidance - lost understanding of the adult generation.

#### Contributors:

1. Lisa Devine Lic. Psychologist on traumatizing influences upon adolescents in the social context.
2. John Lees Lic. Psychotherapist: clinical cases on loss of the perception of reality, and identity diffusion due to longstanding use social platforms in case of previous trauma exposure.
3. Prof. Dr. med. David Martin on adolescents and modern exposure to social platforms, its consequences and therapeutic approaches.

### Session 4

#### 19 September:

Bereaved of father and partner: Since February 2022 the Ukrainian situation of warfare is an enduring situation, leaving partners and children bereaved, desperate, depressed, losing hope, future, sense giving and even identity. How can we on another level heal the wounds of the bereaved? Hope, love and trust in mutuality of support and shared future. Harvest of the Forum, closure and gratitude.

#### Contributors:

1. The Ukrainian presentation of the above quoted problems.
2. Vasuprada Kartic Lic. Psychotherapist and Giovanna Bettini Lic. Psychotherapist: Love, hope and trust in a social cohesion.
3. The Harvest of the Forum, closure.