

COSTS

2300,-€ for 8 Modules

plus accommodation, meals and travel expenses *

Costs in Otevřený prostor

Accommodation per night 16,- €

Full board per day 28,- €

Costs in Vordingborg

Accommodation per night

10,-€ - 40 €

Full board per day 25,- €

Costs during the summer intensive

Accommodation per night

15,- € - 30,- €

Full board per day 25,- €

*All prices are the prices of 2026

This course meets all the requirements for recognition as an anthroposophic body therapist by the medical section of the Goetheanum in Dornach / CH

VENUES

Modul I / II / IV / VI / VII / VIII

Czech republic

Otevřený prostor,

Trpoměchy 29, Slaný 274 01

<https://otevrenyprostor.cz>

Modul III

Denmark

Rudolf Steiner skolen Vordingborg

Orevej 2 4760 Vordingborg

<https://steinerskolen.dk>

Modul V

Embedded in the summer intensive week 2027.

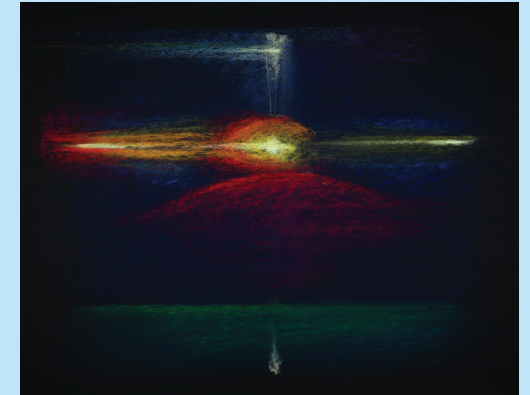
Place still open.

Looking forward to
your registration



BOTHMER THERAPY TRAINING

AUTUM 2026 - EASTER 2028



This training program is intended for certified Bothmer gymnasts and Bothmer gymnasts in their fourth year of training, who want to deepen and further develop their Bothmer skills from a therapeutic perspective.

Questions and Info:
Gudrun.bothmer-movement@posteo.de



Modul I 24.9. - 27.9. 2026
4 fold human constitution

Modul II 21.1. - 24.1.2027
Processes and functions

Modul III 23.3. - 27.3.2027
Senses, reflexes, Embodiment

Modul IV 6.5. - 9.5.2027
The effects of health and disease

Modul V 25.7. - 1.8. 2027
Form and rhythm

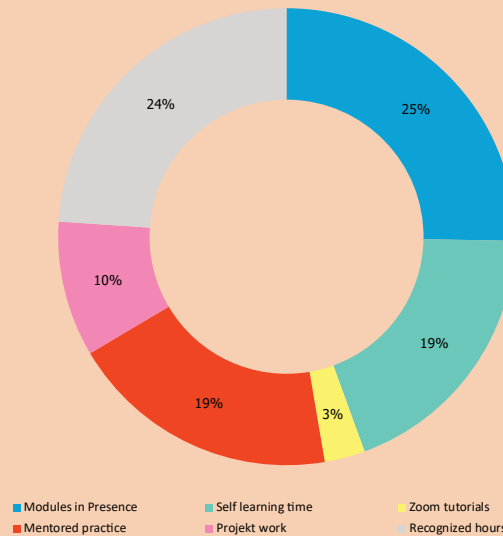
Modul VI 7.10. - 10.10.2027
Diseases on different ages

Modul VII 20.1. - 23.1.2028
Psychosomatic disorders

Modul VIII 11.4. - 15.4.2028
Repetition, review and final presentations

Participants will receive a schedule for each module
four weeks in advance

AMOUNT OF UNITS 1054



ZOOM TUTORIALS

Zoom tutorials are held once a month and are related to the content of the modules

SELF LEARNING TIME

Between modules, you will have the opportunity to review and expand on the module content, either on your own or in study groups

PROJECT WORK

The project work includes a case study and a final presentation. Information about details of case reports is also provided in the Bothmer therapy handbook.



MENTORED PRACTICE

During the further training, you will start working with patients and gain experience. We will support and guide you throughout the process.