

Anthroposophical medicinal products in trauma therapy

Conference languages DE/EN

Traumatic experiences are not only very common in psychiatric care, but in patients of all medical specialties. As acutely occurring or chronically recurring events, they are often the cause of physical and mental illnesses or have a significant influence on their course. Anxiety, depression, addiction, but also cancer, cardiovascular and metabolic diseases often occur in connection with traumatic events.

How do we understand these patients and encounter them appropriately? What contributions does anthroposophical pharmacotherapy make in the integrative context of psychiatry? What development perspectives are inherent in Rudolf Steiner's work and how can they be made fruitful for contemporary trauma therapy?

The Medicine and Pharmacy forum will address these questions to physicians of all specialties, pharmacists and therapists, using a practical case presentation as an example to work on the medical history in terms of the understanding of the human being and the path to the required medication. Pharmaceutically, the spectrum will range from substances from the three kingdoms

of nature through their specific pharmaceutical processes to the finished medicinal product.

At the end of the four units of the forum, we will find our way back to the case presentation together and discuss a therapy concept: experienced psychiatrists and pharmacists will share their experiences and invite you to an interdisciplinary exchange. The aim of the forum is to provide a practical and technically sound approach to this complex subject area that can be applied in practice.

We look forward to our work together!
Marion Debus, Annette Greco, Friederike Tews

Unit 1

16 September:

Welcome and introduction
(Marion Debus, Annette Greco)

Organ-specific aspects of mental disorders in trauma-related conditions
(Wolfgang Rißmann)

The nature of Oxalis acetosella
(Friederike Tews)

Unit 2

17 September:

The signature of silver - substance, quality and pharmaceutical process
(Julia Claus)

Oxalis acetosella and pharmaceutical processes
(Friederike Tews)

Unit 3

18 September:

Organ preparations in pharmacy: Background and pharmaceutical preparation
(Annette Greco)

Case study and discussion
(Wolfgang Rißmann)

On the nature of physical and mental illnesses
(Boris Krause)

Unit 4

19 September:

Case presentation: long-term post-traumatic treatment, medical history and remedy requirements
(Boris Krause)

Therapeutic plenary session on the case presentations, substances and remedies
(Moderation: Friederike Tews)

Review and conclusion
(Marion Debus, Annette Greco)

Lecturers:

Boris Krause, specialist in psychiatry and psychotherapy / Julia Claus, pharmacist / Dr med Wolfgang Rißmann, specialist in psychiatry and psychotherapy / Annette Greco, pharmacist, IAAP / Friederike Tews, pharmacist, IAAP / Dr med. Marion Debus, specialist in haematology/oncology and palliative medicine, head of the Medical Section