

Post-traumatic stress disorders in the 20th and 21st centuries in the context of global, social and spiritual upheavals

Conference languages
EN/RU/UA/ES/IT/DE

The Annual Conference of the Medical Section 2026 is entirely devoted to trauma. This is more than necessary at a time when humanity worldwide is exposed to traumatic experiences in one form or another. The violence of war has become an integral part of the world stage, as have the horrendous traumatic influences of dictatorships, religious warfare and power struggles within populations and countries since the beginning of the 20th century.

As a consequence of this all, and in addition, in the psychotherapeutic clinical field in the 20th century and beyond, there has been a tragic increase in various forms of child neglect and physical and early childhood (sexual or emotional) abuse, both in real life and on social media platforms.

A new category of destabilising and often severely traumatising influences is now gaining ground and has taken its toll, namely the entry of the dark worlds of social platforms into the

worlds of children, often oblivious to their educators who - unaware - allow their offspring to drift around in these algorithmic virtual worlds.

In the four short episodes of the Forum Medicine and Psychotherapy we take into account the expertise of the speakers from two disciplines, namely psychotherapists and doctors.

The conference will be run in hybrid format, the language is English. Translations into Spanish, Italian, Russian, Ukrainian, and German will be provided. Online participants will receive a link to their respective language channel some days before the conference.

On behalf of the International Federation of Anthroposophical Psychotherapy Associations we are looking forward to your participation - Vasuprada Kartic Godavarthy / India, Giovanna Bettini / Italy, Henriette Dekkers-Appel / Netherlands, Hartmut Horn / Germany

Session 1

16 September:

1. Opening of the Forum: future trauma-related disorders resulting from parent's emotional and mental absence due to media use in the child's presence - pathophysiological consequences

Dr. med. Hartmut Horn, Germany

2. Early childhood PTSD

Henriette Dekkers Lic. Psychologist, Netherlands

3. The therapeutic process in serious early traumatized persons

Susan Overhauser Lic. Psychologist, USA

Session 2

17 September:

1. Drug treatment and psychotherapy in traumatized schoolchildren in the Parzival-Center Karlsruhe

Hartmut Horn

2. Medication and psychotherapeutic treatment in traumatized children in Norway and Estonia

Anne Daniel Karlsen, Estonia

3. Treatment of schoolchildren with social trauma

Swapna Narendra MD, India

Session 3

18 September:

1. On traumatizing influences upon adolescents in the social context

Lisa Devine Lic. Psychologist, Australia

2. The impact of effective media education on the development of family systems

Prof. Dr. med. David Martin, Germany

Session 4

19 September:

1. The Ukrainian presentation of the above quoted problems

Nairine Maltseva, Psychotherapeutin, et al., Ukraine

2. Love, hope and trust in a social cohesion

Vasuprada Kartic, Lic. Psychotherapist, India, Giovanna Bettini, Lic. Psychotherapist, Italy

3. The Harvest of the Conference - closure

Henriette Dekkers, Hartmut Horn

Registration for online participants: Here you find the national country representatives of your region.

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Registration for in-person participation at the Goetheanum website. For listening in one of the other languages, you need a mobile phone with Zoom App and headphones.