



A Conference of the Medical Section of the School of Spiritual Science

Awakening in the Temple of Spirit: Orienting to our Spiritual Home

**A First Class Conference of the School of Spiritual Science
for Professionals who work Psychotherapeutically**

September 12 (15:00) - September 15 (12:15), 2026

Goetheanum, Dornach, Switzerland

Blue Cards Required

Once we have crossed the threshold into the spiritual world, we must orient ourselves to this new world, to this new form of existence. We must navigate many reversals. Where we were once passive recipients, we must now become active builders. Where we were once active out of our own self-will, we must now become receptive to the deeds and speech of the hierarchies. We stand on a vista encompassing both past and future, both subject and object, and must find our stance in the middle. From the middle space, the present-moment feeling ourselves within spirit, we begin to discover and explore our home in spirit. We meet our higher self and become both perceptive and active in this new world. We learn to stand on a spiritual foundation stone and perceive a world filled with the activity of many beings including the Gods who create the very foundation of our existence, our bodily nature. With true meditative forces, we create a temple which enables us to commune with spirit.

Our First Class conference for psychotherapists will work with Class Lessons 10 and 11. These lessons do not speak directly of the guardian, but rather our "I" begins to orient itself in the spiritual world. Class Lesson 10 brings a 12-fold mantram which helps us orient to the experience of earth, stars, deeds of the spirits, and speech of the Gods, utilizing body-free thinking, feeling, and willing. In Class Lesson 11, we discover from a spiritual perspective with the help of our angel how our threefold physical form created by the Gods allows us to build a temple for our spirit, enabling us to be, to live, and to will.

How does this new perspective, grounded in real spiritual experience and knowledge, impact us and our work with our fellow human beings? How can our newfound orientation in spirit contribute to healing for our clients? How can our knowledge of the temple of the body, created for us by the hierarchies, inform our healing work?

The conference is participatory, with small group work. The conference will include Class Lessons, conversations, and eurythmy.

Interested First Class members from healing professions are welcome to attend, especially psychotherapists and all professionals who work in a psychotherapeutic way with clients. Please bring your School of Spiritual Science **blue card** for admittance. The conference will be offered in the **English language**, with additional reading of the mantras in German.

To receive further emails about this conference, and to register, please email the initiative group with your contact information at FCPsych@GoogleGroups.com. Your email is your registration; there is no online form. Please arrive on September 12, 2026, at 15:00 (3pm), with cash (CHF or €) to support the conference.

Warmly,

Giovanna Bettini, Wolfgang Drescher, Jacqueline Gerbrands, Boris Krause, Susan Overhauser,
Tatiana Pavlova, and Ursula Schöbel

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2026 Conference Schedule

Time	Saturday, Sept. 12	Sunday, Sept. 13	Monday, Sept. 14	Tuesday, Sept. 15	
9:15-10:30		Class Lesson 10 Free Rendering <i>(Boris Krause)</i>	Class Lesson 11 Free Rendering <i>(Wolfgang Drescher)</i>	Class Conversation on Lessons 10 & 11 <i>(Wolfgang Drescher)</i>	
10:30-11:15		<i>Break</i>			
11:15-12:45		Small Groups: Working with Lesson 10	Small Groups: Working with Lesson 11	Review and Preview Closure, with Foundation Stone Meditation	
12:45-14:00		<i>Lunch Break</i>			
14:00-15:00		Eurythmy <i>(Silke Sponheuer)</i>	Eurythmy <i>(Silke Sponheuer)</i>		
15:00-16:00		15:00 Registration	Small Groups	Small Groups	
16:00-16:30		15:30 Welcome Introduction	<i>Break</i>		
16:30-17:45		~17:00 <i>Viewing the Sculptural Group</i>	Small Groups: Psychotherapeutic Implications	Small Groups: Psychotherapeutic Implications	
17:45-19:00		<i>Dinner Provided</i>	<i>Dinner Provided</i>	<i>Dinner Provided</i>	
19:15-20:45		Class Lesson 10 Reading <i>(Giovanna Bettini)</i>	Class Lesson 11 Reading <i>(Giovanna Bettini)</i>	Group Conversation: Psychotherapeutic Implications	
20:45-21:00			Foundation Stone		

We will meet in the Glashaus building near the Goetheanum in Dornach. To indicate your registration, please email the initiative group with your contact information at FCPsych@googlegroups.com. The conference is offered in the **English** language; simultaneous translation in the same room is not available. Conference cost is Swiss Frank **CHF 300** or Euro **€320**. Please bring exact cash. Dinner on Saturday, Sunday, and Monday evenings will be provided. Please remember to bring your **blue First Class of the School of Spiritual Science membership card**.