



# Extending the Art of Healing Etheric Forces as Forces for the Future

Specialist  
conference  
Anthroposophic  
Psychotherapy

9–14 Sept. 2025 at the Goetheanum  
International Annual Conference  
of the Medical Section

Tuesday, 9 September	Wednesday, 10 September	Thursday, 11 September
	<b>08.15</b> Artistic and meditative prelude	<b>08.15</b> Artistic and meditative prelude
	<b>09.15</b> Specialist conferences	<b>09.15</b> Specialist conferences
	<b>10.30</b> Coffee break	<b>10.30</b> Coffee break
	<b>11.15</b> Specialist conferences	<b>School of Spiritual Science work</b> <b>11.15</b> School of Spiritual Science work, class lessons and workshops <b>Multiprofessional conference</b>
<b>Specialist conferences</b>	<b>12.30</b> Lunch	<b>12.30</b> Lunch
<b>15.00</b> Welcome <i>Adam Blanning, Marion Debus, Karin Michael</i> <b>Signatures of a great medicinal product and the dual nature of the etheric body</b> <i>Karin Michael, Vesna Forštnerič Lesjak</i>	<b>15.00</b> Specialist conferences	<b>15.00</b> Welcome <i>Adam Blanning, Marion Debus, Karin Michael</i> <b>Fundamentals – foundation of a Christian science of substances and medicine</b> <i>Michaela Glöckler</i>
<b>16.15</b> Coffee break	<b>16.15</b> Coffee break	<b>16.15</b> Coffee break
<b>17.00</b> Specialist conferences	<b>17.00</b> Specialist conferences	<b>17.00</b> Workshops on the observation, diagnosis and therapy of the etheric
<b>18.30</b> Evening meal	<b>18.30</b> Evening meal	<b>18.30</b> Evening meal
<b>19.30</b> Specialist conferences	<b>19.30</b> I breathe the force of life – reflections and exercises on the life ether <i>Esther Böttcher, Johannes Weinzirl</i> <b>Conclusion with eurythmy</b>	<b>19.30</b> Why we need strengthened force of thought for the future? <i>Adam Blanning</i> <b>Conclusion with eurythmy</b>

Friday, 12 September	Saturday, 13 September	Sunday, 14 September
<b>08.15</b> Artistic and meditative prelude	<b>08.15</b> Artistic and meditative prelude	<b>08.15</b> Artistic and meditative prelude
<b>09.15</b> What does the renewal of the mysteries mean from the perspective of nursing? Where and how does Christ work? <i>Tania Prince, Rolf Heine</i>	<b>09.15</b> The human etheric between molecular biology and cosmic forces <i>Matthew Mirkin, James Dyson</i>	<b>09.15</b> 'What is more refreshing than light? Conversation!' Exercises for exchange and mutual nourishment <i>Moderator Adam Blanning</i>
<b>10.30</b> Coffee break	<b>10.30</b> Coffee break	<b>10.30</b> Coffee break
<b>11.15</b> Workshops on the observation, diagnosis and therapy of the etheric	<b>11.15</b> Workshops on the observation, diagnosis and therapy of the etheric	<b>11.15</b> The task of anthroposophic medicine in the 21st century <i>Marion Debus</i> <b>The Foundation Stone in eurythmy</b> <i>Goetheanum Eurythmy Ensemble</i>
<b>12.30</b> Lunch	<b>12.30</b> Lunch	<b>12.45</b> End
<b>15.00</b> Workshops to experience art, music, movement, pharmacy, the garden and research	<b>15.00</b> Workshops to experience art, music, movement, pharmacy, the garden and research	
<b>16.15</b> Coffee break	<b>16.15</b> Coffee break	
<b>17.00</b> In between – fruits of anthroposophic nursing in the midst of the medical movement <i>Michaela Schnur, Christoph von Dach</i>	<b>17.00</b> World Community	
<b>18.30</b> Evening meal	<b>18.30</b> Evening meal	
<b>19.30</b> 100 years after Rudolf Steiner's death <i>Peter Selg</i> <b>Commemoration of the dead</b> <i>Marion Debus</i> <b>Conclusion with eurythmy</b>	<b>19.30</b> Eurythmy 'Werde Welten' <i>Goetheanum Eurythmy Ensemble</i>  <b>From 20.45</b> Artistic and festive evening	

# Specialist conference Anthroposophic Psychotherapy

14

## Psychotherapeutic healing pathways in the context of the decline of human etheric forces

Conference languages  
EN / RU / UA / ES / IT / DE

The present time confronts psychotherapists with continuously increasing numbers of patients in need of therapy for all types of mental disorders. In adulthood worldwide the rise of burn-out syndromes is striking, whereas in childhood in particular restlessness-syndromes, social-behaviour disorders and concentration disorders status in the centre. At the same time we find children even at young age exhausted, showing deteriorated immunity, missing zest for life, and a craving for distraction in the passive virtual worlds.

This Psychotherapy specialist conference is dedicated to a broad cause-and-effect investigation, which leads us to the weakened human constitution as origin for decreased resilience and susceptibility for mental illness.

We aim to shed light on interdisciplinary treatment options that were developed from the anthroposophical understanding of the human being and will necessarily have to be developed in the future.

On behalf of the executive board of the International Federation of Anthroposophical Psychotherapy Associations we are looking forward to your participation - Vasuprada Kartic Godavarthy / India, Giovanna Bettini / Italy, Henriette Dekkers-Appel / Netherlands, Hartmut Horn / Germany

The conference will be run in hybrid format, the language is English. Translations into Spanish, Italian, Russian, Ukrainian, and German will be provided. Online participants will receive a link to their respective language channel some days before the conference. Registration for online participation is done via the national psychotherapy associations. Please write to the responsible country coordinator for your region: Argentina: Natalia Gonzales (natidevoto@gmail.com), Brazil: Patricia Botelho (patbotelho7@gmail.com), Canada & US: Zheni Nasi (zheni@netsolutiontime.com), Chile, Colombia, Mexico, Peru, Uruguay: Álvaro G. Olascuaga (alvaro.g.olascuaga@gmail.com), Germany: Hartmut Horn (hartmut-horn@praxis-dr-horn.de), India & South-East Asia: Vasuprada Kartic (vasuprada.kartic@gmail.com), Israel: Hanan Goldman (hanandr@walla.com), Italy: Giovanna Bettini (giovannabettini@yahoo.it), Netherlands & Belgium: Henriette Dekkers (dekkers.appel@planet.nl), Russia: Katja Shlyakhter (kamedoc@gmail.com), Spain: Miguel Falero (miguelfalero1@gmail.com), Switzerland: Klaus Herbig (info@herbig.ch), Ukraine: Narine (nairi2011@ukr.net), United Kingdom: John Lees (fjohnlees@aol.com).

Registration for in-person participation via online registration at the Goetheanum only. To listen in one of the other languages, you will need a mobile phone with the Zoom app and headphones.

Anthroposophic Psychotherapy

15

### Tuesday, 9 September

**15.00** Joint Start of the Conferences  
**Welcome**  
**Signatures of a great medicinal plant and the dual nature of the etheric body**  
*Karin Michael,  
Vesna Forštnerič Lesjak*  
**16.15** Coffee break  
**16.45** Ceremonial beginning  
*Specialist (hybrid) conference  
Anthroposophic Psychotherapy*  
**Phenomena in adult populations in modern times - the rise of the global disease of burn-out mounting to depression**  
**Case presentations framing in the modern cultures**  
*Henriette Dekkers*  
**18.30** Evening meal  
**Phenomena in today's populations in periods of: Pregnancy**  
**Early childhood - epigenetic influences**  
**Are childhood illnesses induced by the phenomena of proper incarnation**  
*Hartmut Horn, Angelika Maaser;  
Illustrated by Clinical Cases*

### Wednesday, 10 September

**08.15** Meditative-artistic introduction: Sanskrit-singing on the four elements  
*Vasuprada Kartic*  
**09.15** Diagnosis of the depleted etheric body - diagnosis according to ICD10 and DSM V  
**Phenomena re. depletion of etheric forces, neurosis and psychosis**  
*Kan-anek Kaewthaweesab*  
**Depletion of etheric forces in the USA Childhood - ODD, AD(H)D, adjustment conduct disorders, anxiety, depression, substance abuse**  
*Tonya Stoddart*  
**10.30** Coffee break  
**11.15** Gratitude round of global contributions - 100 yrs. Rudolf Steiner's contributions to Anthroposophical Psychotherapy & Psychiatry. Healing forces for the etheric body through psychotherapeutic approaches - the inner path  
*Johannes Reiner, Vasuprada Godavarthy Kartic, Álvaro González, Zheni Nasi*  
**12.30** Lunch break  
**Gratitude for 100 Years Rudolf Steiner**  
**The impact of the class lessons on the healing forces of the etheric body in psychotherapeutic practice**  
*Giovanna Bettini*  
**16.15** Coffee break  
**An approach to the healing powers for the etheric forces**  
**Group exercise on the theme: how therapy contributes to the vitalisation of etheric forces. Exercise in the hybrid mode conference on anthroposophy and psychotherapy**  
*Ad Dekkers*

**18.30** Evening meal  
**19.30** I breathe the force of life - reflections and exercises on the life ether  
*Esther Böttcher, Johannes Weinzirl*  
**Conclusion with eurythmy**

### Thursday, 11 September

**08.15** Meditativ-artistic introduction: human beings creating etheric forces  
*Harald Haas, Adèle Waldmann*  
**09.15** Presenting a comprehensive project of the worldwide psychotherapy community on burnout syndrome. A call from the future to restore the past, and to open up meaningful perspectives for physical and etheric body, for soul and spirit  
*Zheni Nasi, Giovanna Bettini, Henriette Dekkers;  
Contributions from the audience*  
**10.10** The harvest of the conference, outlook for the future  
*Ad Dekkers and Hartmut Horn*  
**10.30** Coffee break

We look forward to your participation in the annual conference of the Medical Section at the Goetheanum. The conference is divided into two parts: specialist conferences of various professional groups in anthroposophic medicine and the multiprofessional conference.

On Thursday from 11.15 to 12.30 (between the two parts), School work for members of the School of Spiritual Science, an introduction to the work of the School open to all, as well as spiritual deepening work is planned. Both the participants of the specialist conferences and those of the multiprofessional conference are free to take part in this unit; it does not have to be booked separately.

We would, of course, be delighted to welcome you as guests for the whole of the conference. You can, however, also just register for one specialist conference or for the multiprofessional conference. Throughout the whole conference, the lunches are included in the conference fee. The evening meal can be booked separately as required.

The lectures of the conference will be translated into German, French, Italian, Spanish, Russian and English. For the specialist conferences, please note the languages listed in the respective programme.

The certificates of attendance will certify the further training points approved by the GAÄD and VAOAS.

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REGISTRATION in German:  
<https://goetheanum.ch/de/veranstaltungen/jk25>

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REGISTRATION in English:  
<https://goetheanum.ch/en/events/jk25>

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Guided tours on various topics will be offered at the Goetheanum during the annual conference. Further information and registration at the information table during the conference.

## Price structure of the annual conference of the Medical Section 2025

Booking of both conference parts with discount as against individual booking, incl. all lunches

Normal price	CHF 600
Reduced price	CHF 470
Student price	CHF 280
Support price from at own discretion	CHF 600

## Ticket price for the specialist conference, incl. 1 lunch\*

Normal price	CHF 260
Reduced price	CHF 200
Student price	CHF 110
Support price from at own discretion	CHF 260

\* Lunch on the Thursday before the start of the multiprofessional conference can be booked separately if required.

## Ticket price for the multiprofessional conference, incl. 2 lunches\*

Normal price	CHF 390
Reduced price	CHF 290
Student price	CHF 190
Support price from at own discretion	CHF 390

\* Lunch on the Thursday before the start of the multiprofessional conference can be booked separately if required.