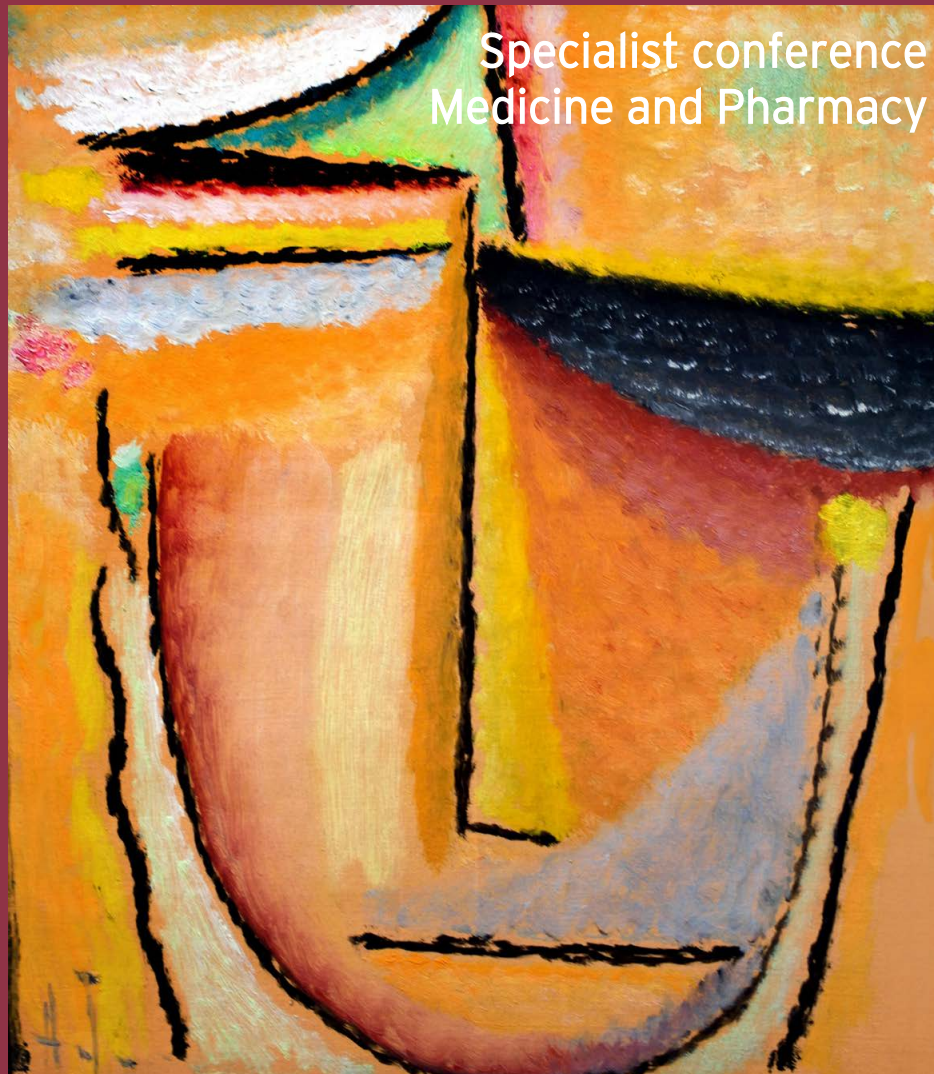




Extending the Art of Healing Etheric Forces as Forces for the Future

Specialist conference
Medicine and Pharmacy



9–14 Sept. 2025 at the Goetheanum
International Annual Conference
of the Medical Section

Tuesday, 9 September	Wednesday, 10 September	Thursday, 11 September
	08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude
	09.15 Specialist conferences	09.15 Specialist conferences
	10.30 Coffee break	10.30 Coffee break
	11.15 Specialist conferences	School of Spiritual Science work 11.15 School of Spiritual Science work, class lessons and workshops Multiprofessional conference
Specialist conferences	12.30 Lunch	12.30 Lunch
15.00 Welcome <i>Adam Blanning, Marion Debus, Karin Michael</i> Signatures of a great medicinal product and the dual nature of the etheric body <i>Karin Michael, Vesna Forštnerič Lesjak</i>	15.00 Specialist conferences	15.00 Welcome <i>Adam Blanning, Marion Debus, Karin Michael</i> Fundamentals – foundation of a Christian science of substances and medicine <i>Michaela Glöckler</i>
16.15 Coffee break	16.15 Coffee break	16.15 Coffee break
17.00 Specialist conferences	17.00 Specialist conferences	17.00 Workshops on the observation, diagnosis and therapy of the etheric
18.30 Evening meal	18.30 Evening meal	18.30 Evening meal
19.30 Specialist conferences	19.30 I breathe the force of life – reflections and exercises on the life ether <i>Esther Böttcher, Johannes Weinzirl</i> Conclusion with eurythmy	19.30 Why we need strengthened force of thought for the future? <i>Adam Blanning</i> Conclusion with eurythmy

Friday, 12 September	Saturday, 13 September	Sunday, 14 September
08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude
09.15 What does the renewal of the mysteries mean from the perspective of nursing? Where and how does Christ work? <i>Tania Prince, Rolf Heine</i>	09.15 The human etheric between molecular biology and cosmic forces <i>Matthew Mirkin, James Dyson</i>	09.15 'What is more refreshing than light? Conversation!' Exercises for exchange and mutual nourishment <i>Moderator Adam Blanning</i>
10.30 Coffee break	10.30 Coffee break	10.30 Coffee break
11.15 Workshops on the observation, diagnosis and therapy of the etheric	11.15 Workshops on the observation, diagnosis and therapy of the etheric	11.15 The task of anthroposophic medicine in the 21st century <i>Marion Debus</i> The Foundation Stone in eurythmy <i>Goetheanum Eurythmy Ensemble</i>
12.30 Lunch	12.30 Lunch	12.45 End
15.00 Workshops to experience art, music, movement, pharmacy, the garden and research	15.00 Workshops to experience art, music, movement, pharmacy, the garden and research	
16.15 Coffee break	16.15 Coffee break	
17.00 In between – fruits of anthroposophic nursing in the midst of the medical movement <i>Michaela Schnur, Christoph von Dach</i>	17.00 World Community	
18.30 Evening meal	18.30 Evening meal	
19.30 100 years after Rudolf Steiner's death <i>Peter Selg</i> Commemoration of the dead <i>Marion Debus</i> Conclusion with eurythmy	19.30 Eurythmy 'Werde Welten' <i>Goetheanum Eurythmy Ensemble</i> From 20.45 Artistic and festive evening	

Specialist conference Medicine and Pharmacy

6

How can the substance and pharmaceutical process be used to influence the etheric forces in chronic fatigue and long Covid?

Conference languages
DE/EN/IT

The starting point for this year's Medicine and Pharmacy specialist conference is the fundamental and at the same time puzzling description in Chapter XIX of our centenary book *Extending Practical Medicine*. Here the 'process of falling ill and recovery' is described 'as a single circular process'. The specific pathological processes caused by the respective disease in the organism must actively return to a regulated interaction of the constitutional elements in the healing process, which is always connected with addressing the etheric forces. Typical medicines must therefore be composed in such a way that they support the life forces in the healing process in a differentiated way. Against this background, how can natural substances and corresponding pharmaceutical processes be used to influence the etheric body?

In medical contributions, we intend to address the various forms of fatigue and exhaustion as pervasive phenomena of etheric insult with a special focus on long Covid, whereby a patient presentation from Klinik Arlesheim will accompany us through the conference.

For a better understanding of the medicinal products, we will present basic, especially rhythmical pharmaceutical processes and deepen this through perception exercises. The pharmaceutical and medical differentiation of the medicines discussed as examples will lead this extended knowledge into daily practice.

We look forward to a lively discussion!
Marion Debus, Annette Greco,
Mónica Mennet-von Eiff, Friederike Tews

Medicine and Pharmacy

7

Tuesday, 9 September

15.00 Joint start of the conferences
Welcome
Signatures of a great medicinal plant and the dual nature of the etheric body
*Karin Michael,
Vesna Forštnerič Lesjak*
16.15 Break
17.00 Conference topic in practice Patient presentation (45 min)
Working out the need for healing (30 min.)
Plenum and discussion
*Klinik / Akademie Arlesheim,
Coordination: Johannes Weinzirl*
18.30 Evening break
19.30 The riddle of chronic fatigue - 12 approaches to therapy
Jan Mergelsberg

Wednesday, 10 September

08.15 Artistic and meditative prelude
09.15 What can anthroposophical medicinal therapy achieve in the healing process?
Georg Soldner
Perception and tasting Part 1 (30 min)
Mónica Mennet-von Eiff
10.30 Break
11.15 Rhythm as a driver of pharmaceutical processes
René Schwarz
Perception and tasting Part 2 (20 min)
Mónica Mennet-von Eiff
12.30 Lunch break
15.00 Differentiated medicinal therapy to strengthen the etheric in chronic fatigue and long Covid
Matthias Sauer
*Pharmacists: Annette Greco,
Friederike Tews*
Perception and tasting Part 3 (20 min)
Mónica Mennet-von Eiff
16.15 Break
17.00 Patient presentation, therapeutic discussion, Need for healing and therapy
*Klinik / Akademie Arlesheim,
Coordination: Johannes Weinzirl*
Solution of tasting (15 min)
Mónica Mennet-von Eiff
18.30 Evening break
19.30 I breathe the force of life - reflections and exercises on the life ether
Esther Böttcher, Johannes Weinzirl
Conclusion with eurythmy

Thursday, 11 September

08.15 Artistic and meditative prelude
9.15 Therapeutic colloquium on differential therapy for long Covid and fatigue states
*Moderator: Friederike Tews,
Henrik Szőke*
10.30 Break

We look forward to your participation in the annual conference of the Medical Section at the Goetheanum. The conference is divided into two parts: specialist conferences of various professional groups in anthroposophic medicine and the multiprofessional conference.

On Thursday from 11.15 to 12.30 (between the two parts), School work for members of the School of Spiritual Science, an introduction to the work of the School open to all, as well as spiritual deepening work is planned. Both the participants of the specialist conferences and those of the multiprofessional conference are free to take part in this unit; it does not have to be booked separately.

We would, of course, be delighted to welcome you as guests for the whole of the conference. You can, however, also just register for one specialist conference or for the multiprofessional conference. Throughout the whole conference, the lunches are included in the conference fee. The evening meal can be booked separately as required.

The lectures of the conference will be translated into German, French, Italian, Spanish, Russian and English. For the specialist conferences, please note the languages listed in the respective programme.

The certificates of attendance will certify the further training points approved by the GAÄD and VAOAS.

REGISTRATION in German:
<https://goetheanum.ch/de/veranstaltungen/jk25>

REGISTRATION in English:
<https://goetheanum.ch/en/events/jk25>

Guided tours on various topics will be offered at the Goetheanum during the annual conference. Further information and registration at the information table during the conference.

Price structure of the annual conference of the Medical Section 2025

Booking of both conference parts with discount as against individual booking, incl. all lunches

Normal price	CHF 600
Reduced price	CHF 470
Student price	CHF 280
Support price from at own discretion	CHF 600

Ticket price for the specialist conference, incl. 1 lunch*

Normal price	CHF 260
Reduced price	CHF 200
Student price	CHF 110
Support price from at own discretion	CHF 260

* Lunch on the Thursday before the start of the multiprofessional conference can be booked separately if required.

Ticket price for the multiprofessional conference, incl. 2 lunches*

Normal price	CHF 390
Reduced price	CHF 290
Student price	CHF 190
Support price from at own discretion	CHF 390

* Lunch on the Thursday before the start of the multiprofessional conference can be booked separately if required.