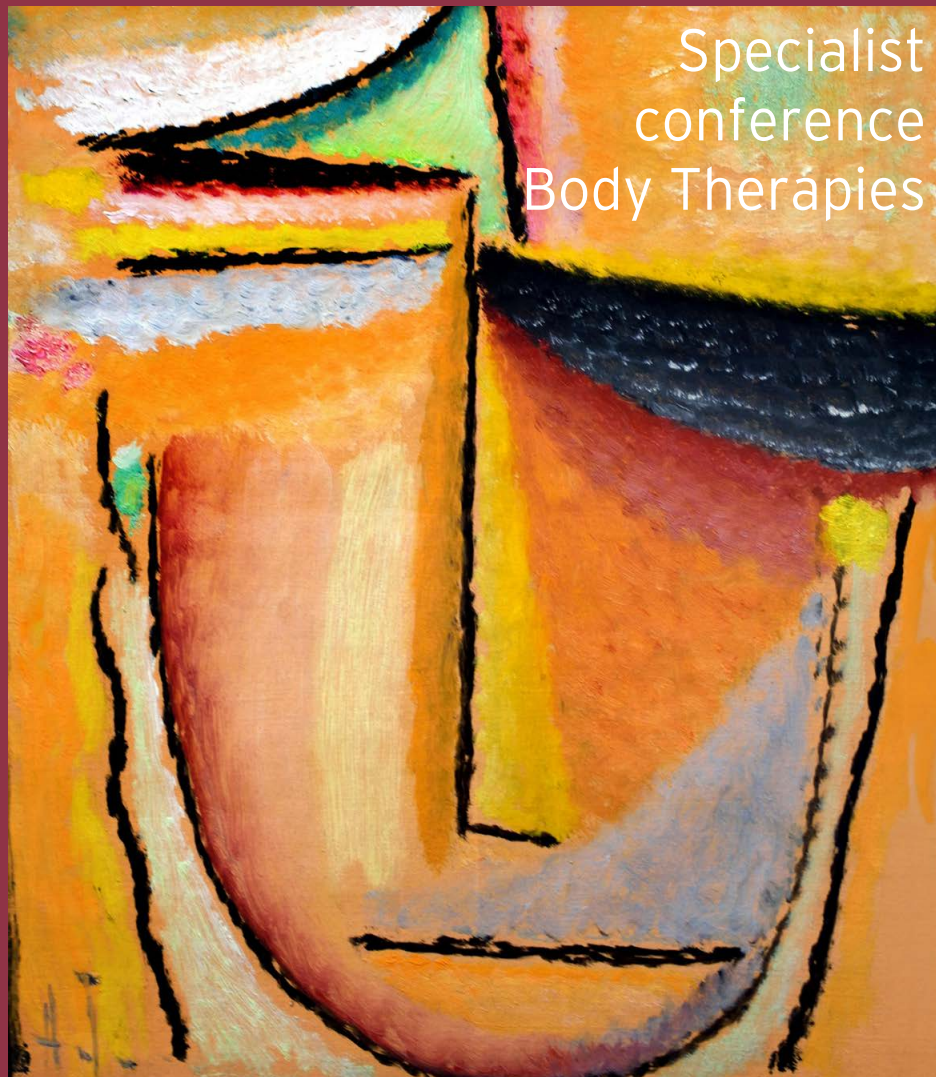




Extending the Art of Healing Etheric Forces as Forces for the Future

Specialist
conference
Body Therapies



9–14 Sept. 2025 at the Goetheanum
International Annual Conference
of the Medical Section

Tuesday, 9 September	Wednesday, 10 September	Thursday, 11 September
	08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude
	09.15 Specialist conferences	09.15 Specialist conferences
	10.30 Coffee break	10.30 Coffee break
	11.15 Specialist conferences	School of Spiritual Science work 11.15 School of Spiritual Science work, class lessons and workshops Multiprofessional conference
Specialist conferences	12.30 Lunch	12.30 Lunch
15.00 Welcome <i>Adam Blanning, Marion Debus, Karin Michael</i> Signatures of a great medicinal product and the dual nature of the etheric body <i>Karin Michael, Vesna Forštnerič Lesjak</i>	15.00 Specialist conferences	15.00 Welcome <i>Adam Blanning, Marion Debus, Karin Michael</i> Fundamentals – foundation of a Christian science of substances and medicine <i>Michaela Glöckler</i>
16.15 Coffee break	16.15 Coffee break	16.15 Coffee break
17.00 Specialist conferences	17.00 Specialist conferences	17.00 Workshops on the observation, diagnosis and therapy of the etheric
18.30 Evening meal	18.30 Evening meal	18.30 Evening meal
19.30 Specialist conferences	19.30 I breathe the force of life – reflections and exercises on the life ether <i>Esther Böttcher, Johannes Weinzirl</i> Conclusion with eurythmy	19.30 Why we need strengthened force of thought for the future? <i>Adam Blanning</i> Conclusion with eurythmy

Friday, 12 September	Saturday, 13 September	Sunday, 14 September
08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude
09.15 What does the renewal of the mysteries mean from the perspective of nursing? Where and how does Christ work? <i>Tania Prince, Rolf Heine</i>	09.15 The human etheric between molecular biology and cosmic forces <i>Matthew Mirkin, James Dyson</i>	09.15 'What is more refreshing than light? Conversation!' Exercises for exchange and mutual nourishment <i>Moderator Adam Blanning</i>
10.30 Coffee break	10.30 Coffee break	10.30 Coffee break
11.15 Workshops on the observation, diagnosis and therapy of the etheric	11.15 Workshops on the observation, diagnosis and therapy of the etheric	11.15 The task of anthroposophic medicine in the 21st century <i>Marion Debus</i> The Foundation Stone in eurythmy <i>Goetheanum Eurythmy Ensemble</i>
12.30 Lunch	12.30 Lunch	12.45 End
15.00 Workshops to experience art, music, movement, pharmacy, the garden and research	15.00 Workshops to experience art, music, movement, pharmacy, the garden and research	
16.15 Coffee break	16.15 Coffee break	
17.00 In between – fruits of anthroposophic nursing in the midst of the medical movement <i>Michaela Schnur, Christoph von Dach</i>	17.00 World Community	
18.30 Evening meal	18.30 Evening meal	
19.30 100 years after Rudolf Steiner's death <i>Peter Selg</i> Commemoration of the dead <i>Marion Debus</i> Conclusion with eurythmy	19.30 Eurythmy 'Werde Welten' <i>Goetheanum Eurythmy Ensemble</i> From 20.45 Artistic and festive evening	

Specialist conference Body Therapies

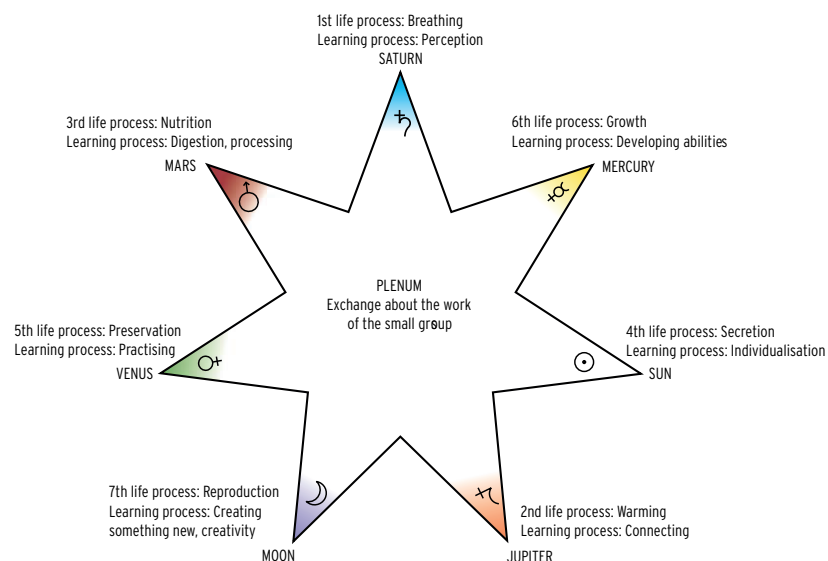
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How do we stimulate the etheric forces of the liver? Treatment concepts from body therapies

Conference languages
DE / EN / NL

'The liver always mediates the translation of the intended ideas into the actions carried out by the limbs.'

Rudolf Steiner



We dedicate each unit to one of the seven life processes* in relation to the liver, its function, possible abnormalities and diseases.

In an interprofessional exchange between the many methods of anthroposophic body therapies, we want to work out in joint discussion and practical exchange what therapeutic contribution body therapies can make to strengthening physiological processes in the liver, alleviating symptoms and treating diseases.

Organisation and moderators: Elma Pressel, Cindy Verheul, Almut Karges, Almuth Steyer

* Literature:

Coenraad van Houten, Sophie Pannitschka: *Erwachsenenbildung als Willenserweckung. Methodik und Didaktik erwachsenengerechten Lernens*, Stuttgart 2018.

Additional and up-to-date information at www.iaabt-medsektion.net

Body Therapies

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Tuesday, 9 September

15.00 Joint start of the conferences
Welcome
Signatures of a great medicinal plant and the dual nature of the etheric body
Karin Michael, Vesna Forštnerič Lesjak
16.15 Coffee break
17.00 Etheric forces of the liver
1st life process: Respiration, perception
18.30 Evening meal
19.30 Etheric forces of the liver
2nd life process: Warming, connecting

Wednesday, 10 September

08.15 Artistic and meditative prelude
09.15 Etheric forces of the liver
3rd life process: Nutrition, digestion
10.30 Coffee break
11.15 Etheric forces of the liver
4th life process: Secretion, encapsulation
12.30 Lunch
15.00 Etheric forces of the liver
5th life process: Preservation
16.15 Coffee break
17.00 Etheric forces of the liver
6th life process: Growth
18.30 Evening meal
19.30 I breathe the force of life - reflections and exercises on the life ether
Esther Böttcher, Johannes Weinzirol
Conclusion with eurythmy

Thursday, 11 September

08.15 Artistic and meditative prelude
09.15 Etheric forces of the liver
7th life process: Reproduction
10.30 Coffee break

We look forward to your participation in the annual conference of the Medical Section at the Goetheanum. The conference is divided into two parts: specialist conferences of various professional groups in anthroposophic medicine and the multiprofessional conference.

On Thursday from 11.15 to 12.30 (between the two parts), School work for members of the School of Spiritual Science, an introduction to the work of the School open to all, as well as spiritual deepening work is planned. Both the participants of the specialist conferences and those of the multiprofessional conference are free to take part in this unit; it does not have to be booked separately.

We would, of course, be delighted to welcome you as guests for the whole of the conference. You can, however, also just register for one specialist conference or for the multiprofessional conference. Throughout the whole conference, the lunches are included in the conference fee. The evening meal can be booked separately as required.

The lectures of the conference will be translated into German, French, Italian, Spanish, Russian and English. For the specialist conferences, please note the languages listed in the respective programme.

The certificates of attendance will certify the further training points approved by the GAÄD and VAOAS.

REGISTRATION in German:
<https://goetheanum.ch/de/veranstaltungen/jk25>

REGISTRATION in English:
<https://goetheanum.ch/en/events/jk25>

Guided tours on various topics will be offered at the Goetheanum during the annual conference. Further information and registration at the information table during the conference.

Price structure of the annual conference of the Medical Section 2025

Booking of both conference parts with discount as against individual booking, incl. all lunches

Normal price	CHF 600
Reduced price	CHF 470
Student price	CHF 280
Support price from at own discretion	CHF 600

Ticket price for the specialist conference, incl. 1 lunch*

Normal price	CHF 260
Reduced price	CHF 200
Student price	CHF 110
Support price from at own discretion	CHF 260

* Lunch on the Thursday before the start of the multiprofessional conference can be booked separately if required.

Ticket price for the multiprofessional conference, incl. 2 lunches*

Normal price	CHF 390
Reduced price	CHF 290
Student price	CHF 190
Support price from at own discretion	CHF 390

* Lunch on the Thursday before the start of the multiprofessional conference can be booked separately if required.