

A person with long dark hair is seen from the back, wearing large black Sony headphones. They are sitting at a desk, typing on a silver laptop. A modern desk lamp with a silver base and a white shade is positioned behind the laptop. The background is a plain, light-colored wall. The overall lighting is warm and soft.

5 Weekends of Anthroposophy Online Course 2026

Program and Schedule



Goetheanum
Studium

Course overview

In this course, students will have access to video lectures, engage in art and eurythmy exercises, and participate in in-depth discussion groups led by the Goetheanum faculty.

The program is divided into **live meetings**, in which students meet at a designated time, and **recorded video lectures** that participants can watch at their own pace.



Weekend 1

29-30 August 2026

Weekend 2

5-6 September 2026

Weekend 3

12-13 September 2026

Weekend 4

19-20 September 2026

Weekend 5

26-27 September 2026

13:00 - 16:00 (CET)



English is the primary language. The Text-Based Study can be held in subgroups in German, English, and Portuguese/ Spanish



Online

Live & Video lectures



Standard fee: EUR 450

Reduced fee: EUR 300

Minimum fee: EUR 150

Participants may select the applicable fee based on their financial circumstances.

Registration and more information:
studium.goetheanum.ch

Contents

Text-based study

Text: *Anthroposophical Leading Thoughts*, Rudolf Steiner (selected chapters)

Video Seminars

- **Week 1** (5 video seminars of aprox. 20 min.)
Rudolf Steiner's Life & Work, with Peter Selg
- **Week 2** (5 video seminars of aprox. 20 min.)
What Goethe's and Newton's Approaches to Science can teach us today, with Matthias Rang
- **Week 3** (5 video seminars of aprox. 20 min.):
An Introduction to the Political Theory of the Three-Fold Social Order, with Nathaniel Williams
- **Week 4** (5 video seminars of aprox. 20 min.):
Consciousness in the 21st century, with Bodo von Plato
- **Week 5** (5 video seminars of aprox. 20 min.):
Exploring Elliptical Thinking in Philosophy, Geometry, and Social Life, with Constanza Kaliks

Sunday Colloquium

Each Sunday, a **live meeting** with the Seminars' speakers.

Art

The art videos cover a wide range of topics and painting exercises that you can do at home following the instructions. Watch the videos during the week and paint at your own pace. Meet the teacher on Saturday to show your work, ask questions, and exchange ideas.

Eurythmy

Video lectures introduce fundamental Eurythmy exercises with clear guidance for your own practice during the week. The two live sessions on Saturday offers time to meet the teacher, deepen your understanding and ask questions.

Michaelmas Conference (26.09.2026)

Join the livestreams from the Michaelmas Conference, organized by the **General Anthroposophical Section**. Under the theme *Cosmic Intelligence: the Learning Heart*, the conference focuses on the heart as a center of thinking and learning, exploring a new Michaelic impulse of knowledge.

Class Schedule

29 August - 27 September 2026

MON	TUE	WED	THU	FRI	SAT	SUN
24 AUGUST	25	26	27	28	29 (🕒) 13:00 - 14:15 CET Art	30 (🕒) 14:45 - 16:00 CET Colloquium <i>Rudolf Steiner's Life and Work</i> Peter Selg
▶ Watch the recorded video lectures for Week 1					14:45 - 16:00 CET Welcome Session	
31	1 SEPTEMBER	2	3	4	5 (🕒) 13:00 - 14:15 CET Eurythmy	6 (🕒) 14:45 - 16:00 CET Colloquium <i>What Goethe's and Newton's Science can teach us</i> Matthias Rang
▶ Watch the recorded video lectures for Week 2					14:45 - 16:00 CET Text-based study	
7	8	9	10	11	12 (🕒) 13:00 - 14:15 CET Art	13 (🕒) 14:45 - 16:00 CET Colloquium <i>Political Theory on the Three-Fold Social Order</i> Nathaniel Williams
▶ Watch the recorded video lectures for Week 3					14:45 - 16:00 CET Text-based study	
14	15	16	17	18	19 (🕒) 13:00 - 14:15 CET Eurythmy	20 (🕒) 14:45 - 16:00 CET Colloquium <i>Consciousness in the 21st century</i> Bodo von Plato
▶ Watch the recorded video lectures for Week 4					14:45 - 16:00 CET Text-based study	
21	22	23	24	25	26 (🕒) 13:00 - 14:15 CET Text-based study	27 (🕒) 14:45 - 16:00 CET Colloquium <i>Aspects of the Leading Thoughts</i> Constanza Kaliks
▶ Watch the recorded video lectures for Week 5					14:45 - 16:00 CET Introduction to Michaelmas Conference <i>Cosmic Intelligence: the Learning Heart</i>	
					Michaelmas Livestreams 16:30 CET Constanza Kaliks 20:00 CET Peter Selg	

(🕒) Live meetings* ▶ Recorded videos

* Live sessions will not be recorded. All times are given in CET (Central European Time) — please check the corresponding time in your own time zone.

Note: The program is subject to changes.