



Being Young Today and Struggles of Health

Starting on August 30th at 19:00,
closing on August 31st at 17:00.

Hosted by Dr. Karin Michael,
Dr. Adam Blanning, and Dr. Nathaniel Williams

This seminar is basic and everyone is welcome. It has been created especially with young people in mind seeking a forum to explore challenges with the help of spiritual insight and understanding. What can a spiritual conception of human being show to us about challenges of being young today? Countless young people are trying to find their way with sleeping disorders, metabolic problems, hypersensitivities and a whole variety of new and increasing psychological problems (anxiety, depression, burnout, self-harm ...), can a deeper look be of help? This event is an opportunity to learn about the foundational anthroposophical ideas and orientations about health and healing that inspire doctors, nurses and therapists around the world.

Costs: 55 CHF per person with accommodation - 40 CHF without accommodation. If you would like to participate but costs are a pressing issue ask about the <Youth Access and Project Fund>. Contribution covers three meals on Saturday. If you are interested in joining and have questions, or if you have particular questions you hope could be explored, reach out in advance to: nathaniel.williams@goetheanum.ch

Weekend Seminar at the Youth Section House
Dorneckstrasse 1, 4143 - Dornach, CH

To register scan the QR-code or visit:
[www.youthsection.org/en/
registration-form-weekend-seminars](http://www.youthsection.org/en/registration-form-weekend-seminars)

