

For Ita Wegman's 150th birthday The courage to heal

20-22 February 2026

in the Schreinereisaal at the Goetheanum

'What Dr Wegman possesses is the courage to heal.
The courage to heal must be part of everything!'

... was emphasised by Rudolf Steiner more than once when he spoke about Ita Wegman.

The conference marking her 150th birthday on 22 February 2026 will honour Ita Wegman's extensive life's work in the field of the anthroposophical art of healing and supportive education, her service to countless people in need, her alert historical judgement and achievements in resistance, but also her social commitment to an Anthroposophical Society open to and connected with the world as well as to the Goetheanum as a School of Spiritual Science with a cosmopolitan orientation.

The conference, which is being jointly organised by the General Anthroposophical Section, the Medical Section and the Section for Inclusive Social Development, will focus on the question of the FUTURE.

'Resignation was a concept alien to Ita Wegman,' emphasised Madeleine van Deventer. 'Hopeless - that word did not exist for her.' Emanuel Zeylmans van Emmichoven spoke of Ita Wegman as an inspirational genius of anthroposophy, and he was convinced that the inner connection to her, the intentions and motives behind her work, would carry the anthroposophical movement and the Goetheanum forward into a healing, Michaelic future in a world under threat.

'I am for striding forwards' (Ita Wegman)

'If we are cowardly in any way, we do not live with the world, we exclude ourselves; we only appear to breathe.'
(Rudolf Steiner)

Peter Selg on behalf of the preparatory group

	Friday, 20.02.2026	Saturday, 21.02.2026	Sunday, 22.02.2026
08.00-08.45		10th class lesson <i>Peter Selg</i> For members of the School of Spiritual Science Alternatively for everyone interested: 'Introduction to the work of the School of Spiritual Science and its First Class'	Rudolf Steiner Verses for Ita Wegman Music and eurythmy Eurythmy <i>Sara Kazakov</i> Piano <i>Hristo Kazakov</i> Adagio cantabile from Piano Sonata No. 8, Op. 13 by Ludwig van Beethoven
09.00-10.30		The courage to heal <i>Marion Debus, Astrid Sterner</i> Impulses for pharmacy <i>NN</i> The origins of rhythmical massage therapy <i>Ricarda Zawadzki</i>	'Find yourself in Light' and 'Within the heart there lives' - two paradigmatic meditations for nursing <i>Rolf Heine</i> The mystery of Earth <i>Georg Soldner</i>
		Break	
11.15-12.45		Art of healing, supportive education and anthroposophy <i>Jan Göschel, Udi Levy</i>	Ita Wegman's inspirations for therapeutic work. Panel discussion and audience contributions Moderator: <i>Karin Michael</i> 'The human being is a bridge' (various languages)
		Lunch	
14.30-16.00		Knowing the next healing steps: the case histories in chapter 19 <i>Adam Blanning</i> Nursing and healing <i>Laurie Schmiesing, Tania Prince, Hannah Wallis</i> (hybrid)	Activities in locations where Ita Wegman worked: 'The history of Sonnenhof' Frieder Recht at Sonnenhof, 14.30-16.00, meet at Reception at Obere Gasse 10 in Arlesheim Ita Wegman Holzhaus: Exhibition and guided tour
		Break	
16.45-18.15		Workshops (see next page)	
		Evening meal	
19.30-21.00	Music Piano <i>Hristo Kazakov</i> First movement from Piano Sonata No. 32, Op. 111 by Ludwig van Beethoven Ita Wegman: The path to the future Lecture by <i>Peter Selg</i> (hybrid)	Who was Ita Wegman? Books about Ita Wegman and texts by Ita Wegman <i>Peter Selg</i> in conversation with <i>Karin Michael</i> (Part 1) Break After 21.00: Further texts by Ita Wegman, reading with music Piano <i>Hristo Kazakov</i> Prelude and Sarabande from Partita No. 1, BWV 825 by Johann Sebastian Bach (Part 2)	

Workshops

1. Development of mistletoe therapy | Marion Debus and Hartmut Ramm (DE/EN)
2. Ita Wegman and the development of a new mystery medicine | Karin Michael (DE)
3. Ita Wegman and Class work | Peter Selg (DE)
4. Ita Wegman and education | Constanza Kaliks (EN/ES)
5. The night shift | Rolf Heine (DE/EN)
6. External applications | Astrid Sterner (DE)
7. The origins and quality of rhythmical massage therapy | Ricarda Zawadzki (DE/EN)

The conference will be held in German with English translation. We look forward very much to your participation in the celebration of the 150th birthday. The direct costs per participant are CHF 175. We hope that these expenses can be covered by your contribution and thank you warmly for any generous donation that supports the further work of the Sections involved.

Lunches are included in the conference fee; evening meals can be booked separately.

Registration

<https://goetheanum.ch/de/veranstaltungen/150IW>