



Visual Arts Section

Work Retreat  
for Visual Artists

# The Stream of Life and the Transformative Forces in the Stages of the Living

28.–30.  
November  
2025



With Yaike Dunselman, Elke Dominik, Lucie Gmünder, Christiane Haid,  
Ulrikke Stokholm, Angèle Ruchti, Pieter van der Ree et al.

# The Stream of Life and the Transformative Forces in the Stages of the Living

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«Just as one follows the development of the capitals artistically, as I had to ... to form them separately, apart from each other, then one intertwines, grows into the whole principle of the development of nature, of the world itself.» (Rudolf Steiner)

In an increasingly technical and mechanically influenced characterization of the given world, the sphere of the living-etheric gains ever greater significance. From out of the musicality of the cosmos, listening to cosmic musicality, Rudolf Steiner sculpted seven specific forms which portrayed a lawful development in the sequence of the capitals. One may perceive them as cosmic-plastic inspirations whose creative forces open the world of the living-etheric.

This year's November conference shall serve as a working conference in the sense that together, we will practice entering deeper into the movement, which is the fundamental basis of the capitals. This does not imply copying the given forms, rather, to follow, to feelingly sense the forces of movement. In this sequential activity can a lawfulness be discovered? How do we experience the transition from one step to the next? And out of the inner experience of one step can we sense the next without resorting to imagining what we know? Through active engagement do these seven steps allow us to discover our own creative processes? These are questions to which we want to dedicate ourselves.

For us to share the artistic work of our colleagues, we would like to have an exhibition to which each conference participant may bring a maximum of three exhibit pieces. We have two times during which we will quietly observe the work and then share our observations through conversation. Regarding the works, please give specifications of format, due one week before the conference begins to the Section of Visual Arts: [sbk@goetheanum.ch](mailto:sbk@goetheanum.ch)

All contributions except for the class lesson will be given in German and translated into English.

We are looking forward to your arrival, to our shared working together and to your exhibition pieces. May our working together be a festival of encounters and observations.

*Yaike Dunselman, Christiane Haid, Angèle Ruchti, Ulrikke Stokholm and Pieter van der Ree*

   
   


# Programme

**Friday,  
28. November 2025**

**15.00 h**

**Pre-programme: Opening of  
the exhibition by *Senta Stein* at  
Haus Ganna, Zürcherstrasse 16,  
Dornach**

**18.30 h**

**Welcome and introduction**

Christiane Haid

**Stages of the Living - exercises  
I**

Elke Dominik

**19.30 h**

**Reflection and dialogue**

**20.00 h**

**Stages of the Living II**

Elke Dominik

**21.00 h**

**Silent contemplation of the  
artworks brought along**

**Saturday,  
29 November 2025**

**9.00 h**

**Stages of the Living III**

Elke Dominik

**10.00 h**

**Reflection and dialogue**

**10.30 h**

**Coffee break**

**11.00 h**

**Individual realisations of the  
stages of living in various  
materials I: painting, drawing,  
sculpting, interior design, etc.**

**12.30 h**

**Lunch break**

**14.30 h**

**Stages of the Living IV/V**

Elke Dominik

**Reflection and dialogue**

**16.00 h**

**Break**

**16.30 h**

**Individual realisations of the  
stages of living in various  
materials II**

**17.45 h**

**Stages of the Living VI**

Elke Dominik

**18.30 h**

**Evening break**

**20.00 h**

**Plenary session on the  
exhibition**

**Sunday,  
30 November 2025**

**9.00 h**

**15th Class Lesson free rendered  
(DE)**

Christiane Haid

(please bring your blue card)  
parallel to this

**Conversation: inner path  
of schooling (DE/EN)**

Ulrikke Stokholm,  
Pieter van der Ree

**10.30 h**

**Coffee break**

**11.00 h**

**Stages of the Living VII**

Elke Dominik

followed by

**a closing plenary session**

**ca. 12.30 h**

**End of the conference**



# Work Retreat for Visual Artists

## Ticket prices

Prices include lunch: Saturday, 29 November, 12:30 p.m.  
and 2 coffee breaks: Saturday, 29 November  
and Sunday, 30 November at 10:30 a.m.

|                   |     |     |
|-------------------|-----|-----|
| Sponsorship price | CHF | 250 |
| Conference price  | CHF | 90  |
| Students          | CHF | 60  |

Dinner on Saturday, 29 November,  
can be booked individually:  
Dinner CHF 28

## Registration

Please register for the conference via:

[https://goetheanum.ch/en/events/working\\_conference\\_2025](https://goetheanum.ch/en/events/working_conference_2025)

## Goetheanum

Reception | Mailbox | CH-4143 Dornach  
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## Visual Arts Section

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