



The Teen Mental Health Crisis

with Dr Adam Blanning

*April 17th
19:00 - 21:00h*

Youth Section House
Dorneckstrasse 1, Dornach

Adam Blanning MD practices integrative and anthroposophic family medicine, and started his holistic medical practice in 2003. Dr. Blanning lectures and teaches nationally and internationally on topics relating to holistic medicine and the dynamics of human development, with a special interest in supporting children. He has served as president of the Anthroposophic Health Association (AHA), an umbrella organization for therapeutic associations working to bring anthroposophic insights into the realms of medicine, nursing, naturopathy, body therapies, artistic therapies, movement therapies and counselling. Dr. Blanning directs the postgraduate physician training programs for anthroposophic medicine in the U.S. (AnthroposophicMedicine.org). He is the author of "Understanding Deeper Developmental Needs: Holistic Approaches for Challenging Behaviors in Children." Dr. Blanning taught family medicine at both New York Medical College and the University of Colorado School of Medicine. He graduated Phi Beta Kappa from the University of Colorado at Boulder, where he studied English literature as an undergraduate and was a Boettcher Foundation scholar.